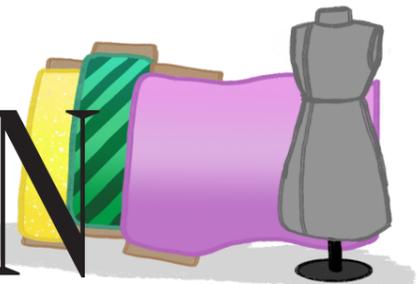


THE FASHION + MASKS ISSUE

TRINITONIAN



VOLUME 118 ISSUE 6

Serving Trinity University Since 1902

SEPTEMBER 25, 2020

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Care Team provides services to isolated students

Services include academic and counseling support, laundry, meal delivery, medical care

JAKE PERRY | NEWS REPORTER
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After shuffling through lines in Coates Auditorium holding small sheets of paper, students returning to campus for the semester got a nasal swab up their nose to test for COVID-19, and a few days — or weeks — later, received their test results. Almost all results came back negative, but what happened to those few students who tested positive?

"Murchison was set aside for isolation suites," said Courtney Cunningham, Care Navigator for Trinity's coronavirus response team. "[It's] 10 days of staying put."

After the student is notified of the positive test result by the medical team, the students' parents and roommates or suitemates are informed. The medical team operating out of Murchison then begins contact tracing efforts to verify who may or may not have been at risk of exposure.

Murchison, which houses a makeshift headquarters for Trinity's COVID-19 clinic in its lounge, is also housing students in isolation and quarantine, serving as the center for ongoing surveillance testing.

"No students are currently in isolation," said Cunningham, "and it's been a while since we've had any positive results."

Only six Trinity students have ever been in Murchison for isolation purposes and

they were all from the initial round of mass testing. Murchison is currently equipped to handle approximately 25 students in isolation or quarantine, with no students sharing a suite.

The on-campus medical team headed by Jose Plata, medical director of the Trinity COVID-19 team, determines on a case-by-case basis whether students need to enter quarantine or enter isolation. Isolation is specifically for students who have tested positive for COVID-19 and lasts ten days, so long as they have been symptom-free for 24 hours prior to release. Quarantine is for students who are suspected to have been exposed to COVID-19 and lasts 14 days. Due to COVID-19's lengthy incubation period, false negative tests are possible within that two-week period, so the 14-day time limit must run out to be safe.

"We didn't have any students who really developed symptoms," said Cunningham.

While in isolation, students are cared for by the Care Team through a variety of services including medical care, academic and counseling support, trash, laundry and the delivery of packages, library materials and meals.

Meals are hand-delivered twice a day, as well as extra food for breakfast and POD-like extras by request. Bruce Bravo, senior



For fall 2020, Murchison Hall is only housing students that are in quarantine or isolation due to COVID-19. photo by **KATE NUELLE**

director of Conferences and Auxiliary Services and co-chair of the Facilities and Operations working group, personally made the deliveries to isolated students the first few days of the semester.

"The students ran the gamut of emotions from high anxiety, denial to acceptance," said Bravo. "The institution [recognized] early in

the planning that emotional support to our impacted students would be essential."

"[For] many of them it was the first time [they'd] been on campus or been away from home," said Cunningham. "[They hadn't] made friends, don't know faculty, barely made out of orientation."

continued on **TRINITONIAN.COM**

Best for Trinity winners grapple with pandemic effects

Feliz Modern, Bombay Bicycle Club, Pizza Classics navigate business operations despite COVID-19

DANA NICHOLS | NEWS EDITOR
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Despite the challenges posed by COVID-19, Trinity students' favorite hangout and shopping spots near campus have managed to adapt in the face of pandemic-induced economic adversity.

Feliz Modern, Trinity favorite and previous Best for Trinity winner of "Best Boutique" and "Best Place to Buy a Gift," shut down initially on March 15 — operating as curbside-only until March 25 before closing completely due to stay-at-home orders. One week later, shop owners Ginger and Mario Diaz were packing orders for friends and family and have since reopened to the public. Like many shops, Feliz Modern has had to shift to contactless pickup and shipping.

"It's definitely been a rollercoaster these past six months. Just when you think you've gotten the hang of the new landscape, something else changes," wrote Ginger Diaz in an email interview. "The challenge for us, being so focused on customer service, is how to still communicate effectively with a mask on, and how to still make it feel welcoming and inviting in-store, even though we have to limit how many people we allow inside at one time. It's also counter-intuitive to not put our efforts into driving as many people to in-store as possible, and instead pushing online more than in-person to keep crowds down."

While social distancing measures presumably would lower demand for party decorations and gifts, Feliz Modern has experienced the opposite.



Bombay Bicycle Club opened to the public at 25% capacity on Aug. 24 after closing its doors for two months. photo by **KATE NUELLE**

"It's funny, we really thought that party supplies would die during this time, but they've flourished. Even though people aren't holding big parties, they're trying to make their family's celebrations extra special at home," wrote Diaz. "Our biggest category since COVID has definitely been gifting — people sending 'thinking of you' care packages to friends & family across the country."

Bombay Bicycle Club, previous Best for Trinity winner for "Best Bar," shifted into a to-go only service model in March, but has since opened up their dining area to patrons at 25% capacity and incorporated new outdoor seating options. This was not without hardship, which included a two month closure following Texas mandates to close bars. Management took this time to consider how to move forward before reopening on Aug. 24.

"It was our decision, we technically could have gone back to our to-go model the same way that we had initially, but we just really felt that we kind of needed to take a step back and really think about our business model and put some effort into thinking about what it needed to look like when we did reopen again," said Ali Barrera, general manager of Bombay Bicycle Club. "We went ahead and took a couple of months off, and then we were able to reopen again with the new conditions that they've given bars, that are technically bars, to be able to open again as restaurants."

Pizza Classics, repeat Best for Trinity winner of "Best Pizza," closed its dining area and altered its hours, offering curbside services from March through July. Dine-in

services began in September at 50% capacity, with plans to maintain its altered hours of operation until bars reopen and tourism rates increase in San Antonio.

"Initially, we were uncertain how COVID-19 was going to affect our business. As a small, family-run business, everything we can do to keep our customers happy and staff employed is important," wrote Ryan Constantin, manager of Pizza Classics.

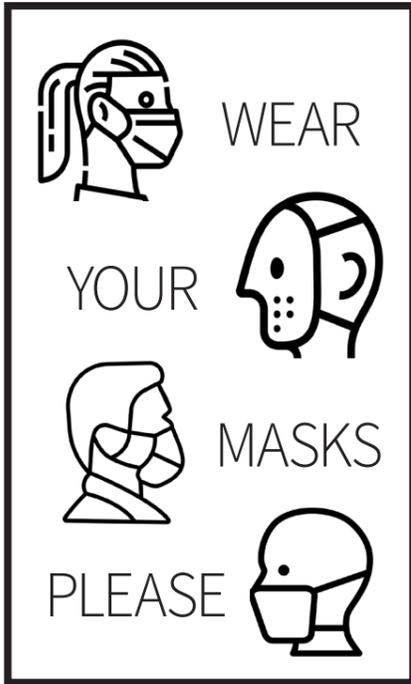
The economic challenges introduced by the pandemic have not been without harm to local businesses, many within San Antonio closing down due to unexpected financial hardships.

"Small business owners definitely have to be nimble or perish, and we've been trying a lot of new things like everyone else," wrote Diaz.

Having held a Mixed Beverage Permit prior to the pandemic, Bombay Bicycle Club sought a food and beverage certificate to continue operations following the state-wide mandatory closure of bars by Greg Abbott, governor of Texas.

"What the food and beverage certificate does for us is it changes our hours of operation. So, our kitchen has to be open the same amount of hours as our bar, which wasn't the case previously. Our kitchen used to close at 10 p.m. during the week and earlier on the weekends, but now we're keeping our kitchen open a little bit later, staying open until midnight on the Wednesday through Saturday days," said Satchie Seidlits, class of '11 alum and partner of Bombay Bicycle Club, her family's business. "We didn't really have to change anything as far as our offerings because we do have a fully-functional permanent kitchen ... because we have more kitchen hours we've been able to bring on a new staff member, so that's been a positive for us."

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Previously, on SGA: Committee Updates and Senator Resignation

This covers the meeting on Sept. 23

CLIMATE CHECK

Sophomore senator Donya Ahmadi started off this week's climate check by inquiring about what students should do if they are randomly selected for surveillance testing, but aren't able to attend due to a unique circumstance. In Senator Ahmadi's case, she mentioned that she was selected for surveillance testing, but would not be in town for the date of the test.

Advisor Jamie Thompson suggested that students who cannot make their testing date should call the COVID clinic and let them know.

Advisor Thompson also mentioned that as of today, 450 people have registered to vote using Turbo Vote. She added that this week alone yielded around 55 new registered voters.

CONFLICTS OF INTEREST

During the Sept. 16 SGA meeting, Senator Ahmadi suggested that SGA review their constitution to address conflicts of interests in order to prevent potential issues in the future. At that time, junior Vice President Oliver Chapin-Eiserloh stated that there were no active violations. After VP Chapin Eiserloh's statement, junior senator Nasim Salehitezangi suggested that a constitution review would be beneficial for SGA.

In today's meeting, President Harris announced that former senior senator Addison Sheppard stepped down

from her position in order to avoid future conflicts of interest. Shepperd was a first-term senator who wouldn't have a vote in USO funding until the end of the academic year. So though the conflict of interest had yet to arise, she stepped down to prevent any conflicts in the Spring.

COMMITTEE UPDATES

Junior Senator Nicholas Janedis, member of the dining committee, was working with the sustainability committee for collaborative efforts. Though he noted that their options are restricted due to the limitations of COVID-19, he wants to pursue the efforts that are indeed possible.

The diversity and inclusion committee has reached out to student cultural organizations in an effort to be more supportive of them. Sophomore Senator Sarah Pita emphasized that they wanted to take a backseat when it came to collaborating with these organizations, meaning, they don't want to dominate the conversation and instead wish to allow these organizations to express what they need.

Senior senator Julia Hyun, member of the PR committee, shared that she wanted to see more infographics shared with the Trinity community, and a larger presence on their Instagram account.

FINANCE COMMITTEE MEETING

VP Chapin Eiserloh shared the amount of funding they had granted to four organizations as of this week. \$499.50 for LoonE Crew, \$1,222.99 for Tigerthon, \$1,128.00 for TuFit, and \$750 for the South Asian Student Association's Diwali event.

Meetings are held every Wednesday at 6:00 p.m. on Zoom.

Additional coverage can be found online at trinitonian.com, coverage by **KAYLA PADILLA**

COVID Snapshot:

Updated 9/21/2020 at 2:30 p.m.

Overall Numbers

Total # Active Cases: **0**

Test Results to Date: **2,808**

Total # in On-Campus Isolation: **2**

Total # Tested: **2,814**

Total Positivity Rate: **0.4%**

Cumulative Tested Positive: **12**

DISTRIBUTION

PRINT
 Sept. 17: 368

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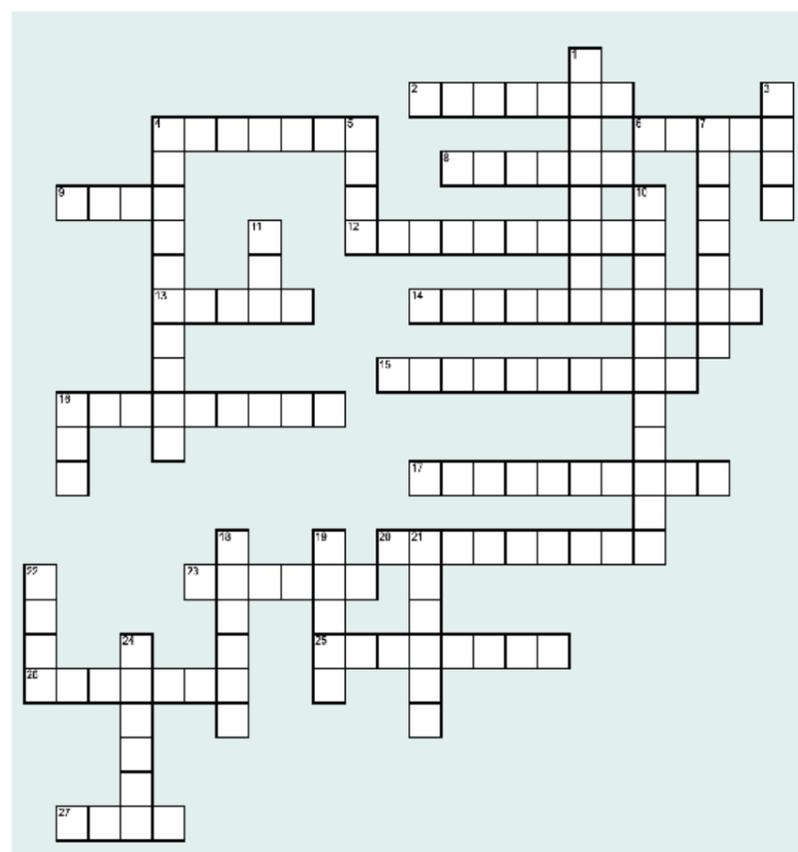
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CORRECTIONS

Spot a correction? Let us know!
trinitonian@trinity.edu

Fashion Crossword Puzzle



ACROSS

- Like a sandbag, but portable and functional
- Tinted or dyed
- Luxury brand that was further popularized by a Lil Pump song
- Method that produces colorful shirts
- Classy, elegant
- Company recently known for Triple S sneakers
- French for "high", English for "high-class"
- Zara, H&M, and Forever21 are examples of this
- Macklemore and Ryan Lewis song that doubles as a place to get low-cost clothes
- Slang for someone who collects and resells streetwear and sneakers
- Decorative sewing
- A brand name, logo, and distinctive feature
- Breathable neckwear
- Virgil Abloh's company
- Red and white logoed streetwear brand
- Slang that refers to having cool taste or jewelry

DOWN

- Multimedia artist who wore a meat dress at the MTV Awards
- "Just Do It."
- French designer responsible for the No.5 Perfume
- Dull or colorless
- Shirt that exposes your midriff
- Seven day event consisting of many runway shows
- Short for the composition of your attire
- Tone, rhymes with do
- French designer Coco
- Disyllabic app where one can buy and sell clothes
- Fashion catwalk
- Popular skatewear brand famously known for its checkered shoes
- Giorgio's fashion company

Interactive version available at Trinitonian.com

Answer key can be found through the interactive puzzle link.

Writing Center embraces virtual operations

New plans take into account issues of Zoom fatigue, student availability, diversity and inclusion

BENJAMIN ADAMS | NEWS REPORTER
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One memorable aspect of the Trinity student experience is the late-night writing session, spent trying to craft the perfect paper, or rather, one that is completed by the assignment deadline. Tasked with aiding that process is the Writing Center, who has had to alter operations to accommodate the changes in student needs due to the pandemic.

Like most other facets of Trinity, the Writing Center, a group of student-tutors who assist students with writing-related questions and issues, was pitched a curveball when the COVID-19 pandemic moved over one-half of students off of campus. While the move to majority-online learning for fall 2020 could have prompted a reduction of the center's responsibilities, the staff has instead made it an opportunity to rethink not only their role in the computer-mediated realm, but how they contribute to issues of diversity and inclusion in higher education in general.

Jennifer Rowe, the director of Tutoring Programs and Academic Support and director of the Writing Center, discussed how COVID-19 has forced the center to think outside the box.

"For a long time, the gold standard for the Writing Center was in-person tutoring. Asynchronous, submit your paper and send it back type tutoring was looked down on as less valuable than meeting face to face with someone. So we never offered asynchronous before because we wanted to encourage students to come to meet with tutors," said Rowe.

Now, with the added element of COVID-19, the in-person model has begun to shift.

"I think one of the things that a lot of people are noticing is that, for one, you have to have an asynchronous option during COVID because students are just Zoom fatigued. And so for us to say, 'in order to meet with a tutor you need to get back on Zoom,' is a lot. But we're also realizing that asynchronous can be

a really nice feature for students for that, for whatever reason, to have a problem meeting with someone one-on-one in an enclosed space," Rowe said. "In terms of an equity and inclusion issue, we are realizing that maybe we should have always had the option for students to get feedback asynchronously, that it's meaningful for people."

Rowe also discussed the other ways that the Writing Center has begun to tackle diversity and inclusion issues in higher education.

"In order to make the Writing Center a center for all Trinity students, we have to become aware of the ways that it's not. We know a lot about who comes to the Writing Center, but I think we need to be thinking about who doesn't come, and if there's something that we're doing that makes that the case," Rowe said.

One aspect that the center is working towards is respecting non-traditional dialects of the English language, including AAVE — African-American Vernacular English — as well as the words spoken by English Second Language students.

"One of the things we tried to do as part of the training was to try and start recognizing how microaggressions are likely to appear in a tutoring situation. You might implicitly, even unintentionally, judge a student on their use of English. Well, whose English?" Rowe said. "This sort of goes for international students as well. Thinking about how we can be aware always of what we are bringing to the paper and thinking about how we can communicate in ways that are helpful to the student and not judgmental to the student."

While the Writing Center has charted a course toward inclusivity and diversity, it has also had to adjust to the flexibility required by the online-only environment. One of the more difficult things has been to try and create a Writing Center experience that is able to cater to student's new and changing needs.

"We're all kind of making it up as we go along, but it's working out surprisingly well,"



The Writing Center's planning for virtual operations was led by **JENNIFER ROWE**, director of Tutoring Programs and Academic Support and director of the Writing Center. Services include new asynchronous sessions. photo provided by **JENNIFER ROWE**

said Hannah Friedrich, senior English major and Writing Center schedule coordinator.

Those who have sought the services offered by the Writing Center have noted the fondness of the staff towards their peers and those that they help. While that environment was hard to replicate virtually at first, a new culture of camaraderie developed within the virtual Writing Center.

"We have actually been able to get to know each other to some extent. Because the tutors are always really close together, and we kind of build that friendship by working together and working in the same space," Friedrich said. "I think the drop-in room is helping that because we can talk to each other face-to-face."

The online drop-in room, the brainchild of Ben Falcon, junior history and political science double-major, was designed as a way to increase the center's accessibility. As a service, it has already proved to be very popular with both staff and students and has the potential to remain virtually after the pandemic ends.

"Personally I would keep the online drop-in room. I think that's something that we would continue doing. If I have quick questions, or if they need real quick help. Because if you have something that is only gonna take like 15-20 minutes, it might not be worth it to go all the way to the library for that. And if you just have like a quick citation question or something like that, it's much easier to do online," Friedrich said.

Friedrich also noted that the center has adapted well enough to handle any kind of writing question, big or small.

"We're all excited to have people. We want people to show up, no matter how far along their paper is. I feel like sometimes people are intimidated, thinking like, 'oh, I have to have a draft to show or I have to have something.' You don't. We're just happy to have you show up. Show me your messy outline. Show me nothing, and let's just brainstorm. Any stage is great, we're just happy to see you."

Pizza Classics, Bombay Bicycle Club, Feliz Modern open doors

continued from **FRONT**

Bombay Bicycle Club has regained some of their evening and weekend traffic since reopening, but is still seeking to increase weekday patronage, most recently adding weekday lunchtime specials to their offerings. Looking forward, Seidlits hopes to reestablish the momentum that Bombay Bicycle Club had garnered prior to the pandemic.

"I think that one goal [for the year] is just to keep some positive momentum, you know, for the last 31 years that my family has had this business, we've never closed. Never. Maybe a day or two in the mix, but to be closed for two months and completely lose our momentum, going into the pandemic we were really on a positive streak," said Seidlits. "Our business was busier than it maybe ever has been, so the loss of momentum was pretty brutal. But, I think going forward we just love to keep moving forward and continue without closure, continue operating safely."

As a majority-tenured staff, the bartenders, servers and owners of Bombay Bicycle Club have formed meaningful relationships with community members and one another, making their two-month closure especially difficult on an interpersonal level.

"When we were out for a couple of months, it wasn't really a vacation per se. We missed being here, we missed seeing the people and having those interactions on a daily basis. That's been one of the really nice things about being back open, getting to see those people again, you know. Bombay's such

a part of this little community here between [University of the] Incarnate Word and Trinity and the people that live in walking distance and the people in the buildings across the street from us," said Barrera. "It's been really nice to see the support and love that they've given us while we were closed as well as once we reopened. So that's been a good thing, but it was definitely a challenge for us as a staff and just as a bunch of people who care about the people who come in. We miss seeing them and knowing that they're okay, too."

Bombay Bicycle Club is not alone in noticing the absence of Trinity students.

"On a normal fall semester, it would not be a shock to see the restaurant full of Trinity students on weekend evenings getting late night dinner. With our hours changing and so many less students living on campus, it certainly feels strange to do a weekend without seeing Trinity shirts in our restaurant. We miss Trinity students and really hope they are staying safe," wrote Constantin.

The absence of Trinity students has been felt not only due to their decreased patronage, but their loss of student team members as well.

"We definitely feel the effects of Trinity's campus being closed. We had two wonderful Trinity students pre-COVID that had to return to their parents' homes at spring break and weren't able to return," wrote Diaz. "We've since hired one Trinity student who lives in San Antonio, so that's been great to have her on board."

Not only has the disappearance of university students been noted, but decreased tourism traffic has also proved challenging for businesses such as Pizza Classics, located close to downtown tourist sights.

"As a downtown business, tourism is at the heart of our sales. Before the pandemic the majority of business for our drivers was going to hotels downtown, conferences, or large gatherings and events. With so few people traveling, going downtown, or even eating out less we have definitely felt the slump in sales," wrote Constantin. "Normally our location next to the St. Marys Strip bars, Trinity University, Incarnate Word and the [San Antonio] Zoo

gave us a healthy crowd at different times of the day, but it has certainly been strange missing so many normal customer groups."

While aiming to make guest experiences as true to pre-pandemic life as possible, Barrera acknowledges that the likelihood of returning to normal operations anytime soon is far-fetched.

"I think as much as we would love to go back to normal, we realize that there's not really an opportunity for us to do that until this pandemic is really under control, and I think for us that means that there's a vaccine that is effective and has been around for a while," said Barrera.



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FROM THE EDITORS' DESK

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Have a grievance you'd like to air out? Look no further than this editorial for instructions on how to do just that! Grievances can range from concerns about diversity in our content to incorrect attributions and negative staff interactions. Listed below are the exact steps you'll need to follow to submit a grievance to the editor or the Board of Campus Publications.

Anyone having a grievance with an editorial decision or policy of a publication under the supervision of the Board of Campus Publications is asked to follow this procedure:

1. Write a letter to the publication's editor describing the grievance and suggesting action for the editor to take. If the complainant wishes that the letter to the editor not be printed in the publication, such a wish must be explicitly stated in the letter.

2. If the complainant is not satisfied with the editor's response, they may write to the adviser of Campus Publications within five academic days of the editor's response. The adviser will arrange a joint meeting of the involved staff persons and

the complainant in order to resolve the situation or, if the complainant wishes, the adviser will meet with the complainant only. The results of such meetings will be documented for the Board of Campus Publications, the complainant, and the editors involved.

We believe it is important for our readers to express their not so great interactions with our staff so we can address them accordingly. Without our readers, we wouldn't have a paper.

3. If the complainant is still not satisfied and wishes to take their case to

the Board of Campus Publications, they may do so by writing to the chair (or, if one has yet to be elected, the convener) of the Board of Campus Publications within five academic days of the meeting with the adviser. If the complainant wants a response from the committee, that wish must be explicitly stated in the letter.

4. The chair will arrange for the complainant's grievance to appear on the next agenda of the Board of Campus Publications meeting. The complainant may be present at the meeting (notified by the adviser). The Board will respond to the complainant within five days of this meeting.

So, there you have it. Now you know how to submit a grievance to the Board of Campus Publications were you to ever have one. We believe it is important for our readers to express their not so great interactions with our staff so we can address them accordingly. Without our readers, we wouldn't have a paper. So we hope if ever you develop a grievance you feel confident in knowing how to do exactly that.

Inner peace in challenging times



YUKIKO YAMAZAKI
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The coronavirus pandemic, Black Lives Matter, wildfires, the upcoming presidential election and other affairs have led to a stressful political climate that no individual can escape from in their everyday lives. While some feel mounting dread and hopelessness for the future, others cling to certain activities and lifestyles for a semblance of normalcy. I feel the dissonance between those who take the current situation seriously and those who choose to "live life normally," ignoring the issues around them. I, myself, have felt silent anger for those who were out partying recklessly this summer, but I also somehow understand their "fuck it all" attitude and lifestyle. Either way, do other people's actions really need to disturb my peace? Why should I worry about others when I have myself to

look after? There is a delicate balance between caring about others and caring for yourself. Everyone has differing capacities for empathy, and without setting emotional boundaries, the lack of boundaries start to reveal themselves in relationships.

Within Instagram and Twitter politics, there is a sense of social obligation to be politically active or at least aware of the political climate. However, months of committing to staying on top of news and trying to help spread awareness for social issues can lead to compassion fatigue and a decline in your own mental health. Quarantining, through its ups and many downs, has made me very aware of the kind of content that I am consuming and how it influences my mood. Switching between Instagram, Twitter, the news and difficult dinner table talks, media input has been overwhelmingly negative for a while. I used to feel immune to certain "triggers," but there are times when you are not in the right headspace to receive any sort of negative information. I never understood this concept

until I experienced such hypersensitivity to negative messages, emotions, triggers, images and people.

Another experience I have never fully related to or understood until recently is insomnia. Good quality sleep is something that I think many of us take for granted, and sleep problems seem to be common for those in self-isolation. With exercising less, getting less sun and overthinking, sleep is an elusive destination. Higher education has equipped us with the ability to analyze as a way to make sense of reality, but the waking mind can become restlessly anxious in the absence of distractions. There were a few days where I couldn't sleep well, and these nights became a turning point in how I structured my days and treated myself. Simple adjustments like taking more walks outside and stopping work after 10 p.m. quickly helped my circadian rhythm get back on track. An overanalyzing mind can suffer from existential dread and insomnia, and I have learned to value and yearn for simplicity of thought.

All of these points led me to the realization that I need to protect my inner peace. For me, this means prioritizing myself, which is surprisingly hard. My oversimplified everyday routine of eating-working-sleeping has actually made me more aware and careful about how I spend my time and whose energy I decide to handle. Taking breaks from social media and creating a relaxing environment helped the most in this pursuit. To me, happiness is a superficial goal, although I cannot say the same for others. I think it's important for me to "choose" happiness every day, but it is not what will sustain me through difficult times when I feel emotions that are deeper. Constantly chasing happiness seems like a short circuit to obtaining peace, and peace of mind is the final destination. Although 2020 has been a year full of anxiety, time has forced me to go through lessons I would've otherwise been too busy to learn from.

Yukiko Yamazaki is a junior anthropology major.

illustration by REN RADER



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the editor

Share your quick reactions to Trinitonian coverage and opinion columns. Send 300 words or fewer to the head editors and Phoebe Murphy, opinion editor, at pmurphy@trinity.edu. She or Kayla Padilla, editor-in-chief, will be in touch as soon as they can.

guest columns

Can't keep it to a few hundred words? Pen a guest column and let your views be known. Please keep it between 500 and 700 words, and give us time to prepare. If possible, submit by Sunday at noon to be in the Friday edition of the paper. Email it to opinion editor Phoebe Murphy at pmurphy@trinity.edu.

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Finding a sense of normalcy through dressing up



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When I packed up and went to my roommate's house for spring break in Houston, I mostly gathered my comfiest loungewear — big sweaters, worn-in T-shirts and ratty sweatpants. With my original plans thwarted, I anticipated spending a week vegging out there before returning to campus to resume life as normal.

But, as I'm sure we're all aware by now, things did not return to normal, nor will they for quite some time. As each day brought a new wave of sweeping changes, as Trinity shifted to exclusively online classes and postponed an in-person graduation, as cities tightened their travel restrictions and nonessential businesses shut down, I had to move within the span of two days to my friend's house in Fort Worth, my third move of the year.

Overall, I was very lucky. Although I was not able to fly back home to my parents in Cambodia, I did not have the virus, and neither did any of my friends or family. The secluded suburban neighborhood at my friend's place allowed me to go for fortifying strolls whenever I wanted. As far as social distancing goes, my situation is about as good as it can get.

Yet, I can't help but mourn my dorm at Trinity where I would curl up every night in bed reading or singing while playing the keyboard in my room. My life would be indubitably worse if I were holed up there — at the very least, I would be subsisting on Bagel Bites and instant macaroni rather than home-cooked meals. But still, I miss

it. I miss the not-so-special view of the parking lot outside my bedroom window, the strangely rocky chair that causes me to always be on edge when I'm sitting and hearing my suitemates chat in the bathroom in the evenings, but most of all, I miss my clothes. At this point, my wardrobe is just a glorified storage unit.

I washed my face and brushed my hair. I applied makeup, then put on my favorite overalls that I haven't touched once, and you know what? I felt better.

I was only able to pack a little because of the quick move, and the rest of my luggage, including my favorite items of clothing, I left in San Antonio. Sometimes I'll put on old hoodies from high school declaring my membership in certain clubs and organizations, sometimes I wear cute summer dresses only to realize that I will not leave the house anytime soon, and sometimes I wear pajamas all day and it's alright. To be honest, even if I did have my full wardrobe with me, I probably wouldn't touch half of it. With nowhere to go and no one to impress, there's simply no point. Why would I pour myself into skintight jeans just to sit at my desk for five hours straight?

Before all of this, getting up and getting dressed was the best part of my day, but I'm

now realizing it's not about the clothes themselves. It's about the act of dressing up. I miss the task of perusing my closet and carefully curating an outfit based on the day's agenda. I miss putting on simple makeup and spritzing on perfume. I miss the feeling of having places to go and people to see.

One of my favorite journalists, Rachel Syme of *The New Yorker*, started a hashtag on Twitter: #distancebutmakeitfashion. Every weekend, people post pictures of themselves sporting their Sunday best, for no reason other than to have a reason to dress up. So on Sunday, I got up at a normal hour. I washed my face and brushed my hair. I applied makeup, then put on my favorite overalls that I haven't touched once, and you know what? I felt better. More confident. More like myself and less like a lazy oversized grub growing pale and plump in my moldy grotto.

It's now already a month into the new school year, and I couldn't help but sigh at what is happening. I do have a good mix of in-person and online classes, which makes dressing up still necessary, but I know that so many others do not. There's no way I'm going to start wearing structured trousers every day,



illustration by **GRACEN HOYLE**

but I'll be glad to bring back some clothes that can make these wild times seem a little more normal, a little more bearable. I hope you, too, have something that gives you that sense as well.

Mai Vo is a junior piano performance and communication double major.

Going gourmet: Breakfast quiche for busy people



GENEVIEVE HUMPHREYS
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While we have had to stay at home for a good portion of our time, I have been spending most of my away-from-desk time in the kitchen. Some of that time is spent keeping my roommate company while she makes things like pies and soups, but then there are my own baking endeavors. The kind of baking and cooking that I like to do is making food that will last me a few days. I'm busy. The *Trinitonian* doesn't get put together in a day. I don't want to spend all of my free time making things (especially because that means extra time and energy cleaning and doing the dishes).

Quiches are quick, cheap, filling and so tasty! Not to mention, quiche is one of those foods that reheat surprisingly well, making it ideal for baking one day, then eating over the rest of the week. This egg pie, if you dare to call it that, undoubtedly has become a go-to of mine, and I am excited to share it with you.

The best part is that this breakfast classic is highly versatile. Once you have a solid base recipe, you can start to throw things in and get creative. This particular recipe is just that. You can even adapt it to your vegetarian preferences and add mushrooms and peppers, or, like me, enjoy it with a handful of bacon. Another option is to forgo the crust completely and have a gluten-free breakfast that is tasty even without a flakey crust. Or maybe you just forgot to pick up a pre-fab pie crust and are not in the mood to whip up a crust yourself. Spoiler alert: it still works!

For those of you who want to make the crust, I have included the recipe that I have used and it seems to do the job quite nicely.

It may look a little more "homemade," but that's because it is. Channel your inner '50s housewife and play around with baking from scratch. It may start to explain why wine is so popular with that generation. Or you can go for the frozen/refrigerated crust and save some energy.

CRUST (OPTIONAL):

Prep time: 10 mins, then 20 to chill

1½ cups all-purpose flour

½ teaspoon sea salt

10 tablespoons unsalted butter

1 large egg

2½ tablespoons ice water

1. Combine the egg and ice water. The water needs to be cold so that the crust will hold its shape when you pour in your egg mixture.
2. In a separate bowl, combine the flour and salt. Whisk!
3. Next, add the butter. It helps to chop it into cubes so that it becomes a coarse mixture instead of a breaded butter stick.
4. When the texture is consistent, start adding your egg water and watch as your dough becomes more dough-ish.
5. From here, you can roll out the dough, put it into your pie pan that you definitely have (though a brownie pan works just fine), and cut the excess that hangs over the edge.
6. A hack for the busy people: We are skipping the typical step of chilling your dough ball before putting it in your pie pan. Instead, just pop the pan with the dough into the freezer



Quiches are quick, cheap, filling, tasty, and easily reheatable, making them perfect for the busy student. photo by **GENEVIEVE HUMPHREYS**

for 20 mins while you get your filling ready. Also, I don't find that it's necessary to par-bake or pre-cook this crust before making your quiche.

FILLING (FILLS A 9" PIE CRUST):

Prep time: 10 mins

Cook time: 35-45 mins

6 large eggs, beaten

1 ½ cups heavy cream

2 cups chopped fresh baby spinach

1½ cups shredded swiss/cheddar cheese

1 lb. bacon, cooked and crumbled (optional, or replace with ham)

Salt and pepper to taste

1. Combine eggs, cream, and salt and pepper in a food processor or blender (or aggressively whisk in a bowl).
2. Layer the spinach, bacon, cheese in the bottom of the pie crust.
3. Evenly pour the egg mixture over the top.
4. Now, bake it for 35-45 minutes at 375 degrees or until the egg mixture is set. If the eggs jiggle, it is not ready. The top should golden brown, too.

And that is it! Your quiche is ready to be served or packed up for later. While I am no expert chef, my taste buds are highly skilled and know what they know. This dish satisfies the palette, the wallet and the busy lifestyle.

Genevieve Humphreys is a senior marketing and art history double major.

Tiger Care Collective Aids Trinity Students

Trinity students organize to help those negatively impacted by the COVID pandemic

VICTORIA HENRETTY | PULSE REPORTER
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Over the last few months, people have come together as a community to take care of those around them. Some people have volunteered and used any resources they have to help people affected by COVID-19. Tiger Care Collective formed as a response to COVID-19 for Trinity students to help other students, and those in their city, once they were sent home.

"The organization is not affiliated with Trinity but it was created by students during COVID to help with any necessities in the community and outside of Trinity," said Guadalupe Rivera, a junior double major in Sociology and Global Latinx studies. The organization connects Trinity students to volunteer opportunities and takes aid requests.

Trinity graduate and current student at the Baylor School of Medicine, Gabrielle Largoza, said "right when we got the news that Trinity was closing because of the pandemic, I was like okay what's next? How do we move forward? How do we take care of our community?" With the help of biology professor James Shinkle, Largoza connected with seven other Trinity students and began helping the Trinity community connect to volunteer opportunities.

"I hope we become considered a mutual aid organization," Rivera said. Tiger Care Collective is modeled after mutual aid projects, which are community-led aid organizations that are meant to empower the community and provide help that the government cannot. Rivera says she is inspired by Suenos



illustration by **REN RADER**

Sin Fronteras de Tejas, a Latinx, Black and Women of Color-led collective that supports immigrant women and their families in South Texas. Some of their work includes raising money for people recently released from ICE detention, as well as raising commissary funds for those still detained.

Mutual aid projects help redistribute money and give people access to important resources like food. These projects do not follow a hierarchical structure as charities do. "We meet on a weekly basis. There's no president or vice president there are four or

five people on the board that shares ideas. I like it because there is no hierarchy; we are working in unity," Rivera said. Largoza explained that, currently, Tiger Care Collective does not have the infrastructure to help redistribute funds, but they can help people access essential supplies and connect people to funds they can donate to.

Since Tiger Care Collective began after campus closure last spring, volunteer opportunities had to be remote. Emma Ross, a sophomore double majoring in Mathematics and Biology, said, "a mask

collection project sent reusable masks to a homeless shelter in San Antonio and another a house that sponsors asylum seekers when they leave detention." Tiger Care Collective sent people instructions on how to make masks out of old t-shirts they have laying around. Next, volunteers were sent an Amazon wishlist from the San Antonio children's shelter so people could purchase items needed for the shelter. "We sent hundreds of dollars worth of donations to the children's shelter in San Antonio," said Largoza.

Transitioning to this semester, Tiger Care Collective is shifting its focus primarily to providing aid to Trinity students. They are launching a new project called Care Groceries, where people can submit a grocery list and have a volunteer pick up the order the next time they go to the grocery store. In order to receive aid, people should submit a Google form specifying the type of help they need. Ross said, "last weekend, I gave someone a ride to pick up a prescription."

Tiger Care Collective is motivated to help students in any way they can. Rivera said, "recently we helped with someone who needed to go to the doctors because they don't own a vehicle. It might not be safe to get into a taxi or Uber and it may not be safe, and you have to pay. A lot of people are under a lot of financial tension."

To volunteer for Tiger Care Collective, contact them through their Instagram @tigercarecollective. On their Instagram is a Linktree, which directs to forms where Trinity members can volunteer or submit requests for aid.

Celebrating Hispanic Heritage Month at Trinity

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Most of us have lost all concept of time lately. So, for those who don't know, it's September. More significantly, it's the start of Hispanic Heritage Month, and the Trinity community is celebrating.

There are multiple organizations on campus dedicated to Latinx culture, and during Hispanic Heritage Month, those groups put on celebrations. One of those groups is the Trinity University Latino Association, or TULA.

Thomás Peña, president of TULA, spoke about what celebrating Hispanic Heritage Month means for the Trinity community. "It is a time to celebrate our culture and highlight things going on in our community. It allows them [non-Hispanics] to learn more about Hispanic culture and see what it's all about," Peña said.

Another student organization celebrating Hispanic Heritage Month is MAS, the Mexico, the Americas, and Spain program. Elseke Membreño-Zenteno is a program associate for MAS, and she spoke about some events they will be having in conjunction with TULA.

TULA and MAS have two joint events coming up in October. The first event is "Afrolatinidades: Identities and Creative Activism." "The panel will be about identity, creative activism and colorism within the Latinx culture and give a platform to Afro-Latinx people to share their experiences of how they have to navigate between cultures," Peña said.

The second event they will host together is "Chicanas, Politics, and the Chicano Movement." "It's about civic engagement," said Membreño-Zenteno.

Sabrina Cuaro Cuaro, outreach chair for TULA, spoke about the tone of these events. "This year, our events are more serious, truly delving into those difficult conversations. I think there's a lot of diversity within Latin culture, and we are embracing that diversity," said Cuaro Cuaro.

TULA is also having an event called "Comida para el Corazón: Cooking From Home Latinx Edition." "All communities are invited. It is an event for people to show off the food of their culture," Peña said.

MAS wants to make it clear that these events are not just for Latinx Trinity students or even just Trinity students.

"[Hispanic Heritage Month] gives us as Latinx students the chance to share our experiences and educate a bit more. I would like to believe that we're reaching out to the Trinity community," Membreño-Zenteno said.

In fact, these organizations' events being on Zoom presents a unique opportunity for greater community involvement. "Zoom is allowing more people to be a part of it. Not just the Trinity community joined the first MAS meeting, and there were people outside of San Antonio," Cuaro Cuaro said.

We can also stay connected to Trinity's Hispanic community through social media. Both MAS and TULA have their own Instagram accounts. They will be



LEFT: ROSIE CASTRO and **RIGHT: ANTONIA CASTAÑEDA** are two of the speakers at the "Chicanas, Politics, and the Chicano Movement" talk.
illustrations by **KATE NUELLE**

posting information about the different upcoming events as well as information about Hispanic culture.

"[We] highlight what's going on in the community, specific days in Latinx culture and socials and meetings," Peña said. There will also be information about Hispanic culture on TULA's Instagram account. "TULA has a goal about informing people about more countries within Latin America and what it [Latin culture] means from these different countries," Cuaro Cuaro said.

If anybody is interested in celebrating Hispanic Heritage Month, but is unable to attend any of the events, there are still other ways to celebrate. "For me, music is really important, and food, regardless

of where you're at, is always good," Cuaro Cuaro said.

There are also slightly more educational ways to celebrate Hispanic Heritage Month for those interested.

"There are lots of films and documentaries," Membreño-Zenteno said.

Peña adds that the important part is all about interest and desire to learn more.

"Look up different independence days and their culture. [There is] no right or wrong way to do it. Showing you want to do it is the perfect way to do it," Peña said.

Hispanic Heritage Month is from Sept. 15 to Oct. 15, so for those looking to celebrate, there is still a lot of time. Thanks to our organizations on campus, there are also a lot of opportunities to celebrate.

First-Years make connections despite COVID-19

The coronavirus has presented extra barriers to finding friends as a new college student



LEFT: First year **CAITLIN HUISMAN** notes the difficulty of making new friends in unprecedented circumstances while also juggling the rigor of college courses. **RIGHT: HARRISON HARTMAN**, also a first-year, recalls an isolating and anxious move-in weekend as students were adjusting to the new environment and health risks.

photos by **KATE NUELLE**

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Adjusting to college is already difficult enough for first-year students. The beauty of being a first-year pre-pandemic, particularly during the first month, is that it has proven one of the few moments in our lives where we can go up to a complete group of strangers, sit down and try to become friends without being given an odd look or two. Now, during the time of COVID-19, going out and meeting new people is not safe. Those “meet cute” moments where you find your people are hard enough to find yourself in even without a pandemic and now, they are even more difficult when you’re limited in deciding where you can go and who you can spend time with.

First-year Caitlin Huisman said, “it’s really easy to meet people, but it’s really hard to make friends.”

The first-years are dealing with two major issues: forming connections in a completely new place and learning to adjust to college rigor.

“The idea of the college experience, I was frightened I wasn’t going to get that,” said first-year Jordan Nelson. “It’s similar to what I thought it would be, but when things become normal, the social aspect will return more than it is now.”

With classes primarily online for a lot of students and the dining hall’s strict seating policies and social distancing rules across campus, first-years are still searching for their place on campus.

Harrison Hartman, a first-year hoping to major in environmental studies, seconded, “I’m

from a very small town, so there wasn’t much concern [about COVID], so it was a little anxiety-provoking, especially the first couple of days because I was on my own.”

Isolation has seemed to be a common feeling during the move-in weekend before anyone has had the opportunity to make friends.

“I guess as things have settled, it becomes a lot better once you get the chance to scope out the area; the anxiety goes down a little bit,” Hartman said.

For some, coming to campus gave people more control over their health.

“I knew it was a calculated risk, but I knew I would be so depressed at home. Plus, I’m from a split household. There’s always people coming in and out,” Huisman said.

First-year students have been able to take control of their physical and mental health while living on campus.

“I was concerned about moving onto campus; I’m on a sports team, and I know that I should be here for my commitments. I’m being as safe as I can, and I’m taking the precautions necessary to keep everybody safe too,” Nelson said.

In a time when on-campus students have to prioritize personal and public health, first-years are navigating how to form new connections without putting each other at risk.

First-years are relying on traditional and less conventional ways of making friends on campus. Nelson has joined clubs like Young Democratic Socialists of America (YDSA), the United Nations Children’s Fund (UNICEF) and the philosophy club to meet new people. Clubs meeting online and making their activities COVID safe is making it possible for people to meet each other.

Huisman says activities through Trinity University Players (TUPS) have been the best way to form real bonds with people. Trinity organizations have the ability to connect people outside the classroom in a way that is safe for students.

“I’ve met people because we live in the same hall or by chance,” Hartman said.

“It’s really easy to meet people, but it’s really hard to make friends.”

CAITLIN HUISMAN
FIRST-YEAR

Some first-years came onto campus with friendships already established because the class of 2024 used group chats to meet new people and form connections.

“[The group chat] is so nice; every time there is something people can be invited to, they do it...of course, in a safe way, though,” Hartman said.

Social media has proved an excellent tool to try to reach out to new people, and the class of 2024 has taken advantage.

The first year of college is meant to be a time of exploration academically and personally. People begin to understand their values and who their true friends are.

Huisman said, “actually establishing a strong bond and connection is much more difficult, so the first two weeks, it’s like, ‘Oh my gosh, I know so many people;’ then it just teeters off; then you realize, ‘Oh, I don’t really know anyone.’”

Leaning into our communities is what pulls us through difficult times like these. But what about the young adults who have been thrown into a completely new environment and are scrambling to make the best out of it?

As the school year progresses, students are hoping to fall into safe spaces and find people that they can befriend long-term.

INSTA-POSIUM

What is your opinion on The Trinity Way?

@allyssawhite

It sheds light on topics typically hidden by privilege and ineffectual speeches.

@thetrinityway_

[eyes emoji]

@freddie_mk

It’s very eye-opening, but I’m not sure if it really accomplishes anything.

@that_bourgeois_girl

I think it’s an important platform for Trinity students whose voices are often ignored to share their stories and realize that the problem is built into Trinity’s culture.

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You don't need somewhere to go to dress up

Reclaiming a passion for style and fashion while social distancing at home



JOSHUA ANAYA
ARTS REPORTER
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When I think of the expression “all dressed up with nowhere to go,” it implies that there was an anticipated occasion that didn't take place. Does there have to be an

occasion for us to dress up and look our best, though? Is it not enough for us to simply wear our favorite outfits, makeup looks, and accessories for ourselves? I simply don't think so.

Following social distancing orders across the nation, the topic of self-care habits has been hotly contested as people stay inside longer and adapt to a new norm. Whether it be by cooking, spending time with your pets,

scrolling through TikTok, or distracting yourself from the impending doom of the pandemic, there are many ways to care for yourself while being holed up inside. Whatever it is, generally speaking, clothes, makeup, and accessories are important—they can empower us, make us feel safe in our own skin, and help us present ourselves however we want, wherever we are. Whether that be by sporting your favorite clothes, perfecting an eyeshadow look, styling a mask, or any activity that allows you to explore your style, there are so many options.

As I'm sure many of us have seen, however, clothing and other aspects of dress and style have largely been used as a way to affirm people's social media feeds. I'm not against the practice—in fact, what each of us posts on social media is intensely personal and curated in a way that allows you to share what makes you happy with others. However, you don't need an audience outside of yourself to reaffirm why you're dressing up in the first place. If it causes any pressure for you to produce the most perfect selfie, mirror pic, or combination of the two for your feed, I would try out just getting ready for yourself.

Getting ready by myself was, and definitely still is, one of the only things that kept me afloat during two hard semesters, a full-time research job, and the terror of COVID-19 while social distancing. Moving to San Antonio wasn't an easy shift for me. I found it hard to adjust to being away from not only

my family, but my community, best friend, and notably, my room; a safe space where I could easily find time alone. I found it extremely helpful to take time for myself in between zoom classes and Summer research meetings as it gave me the opportunity to enter a headspace completely clear of outside stress. Whether it was trying on the uniforms I wore in high school, cutting up old Trinity T-shirts, changing my hairstyle around, or following along to makeup tutorials on YouTube, there was always something I could do with myself that enriched my spirit.

It's vital for each of us to practice some form of mindfulness every day due to the fact that our routines are drastically different than before the pandemic hit. That doesn't have to change the relationship between you and fashion, though! While we are dressing in a different circumstance, the ways in which we dress allow ourselves to relate to not only our sense of styles but to our bodies and presentation of self.

While in your own company, there is no pressure to dress 'appropriately.' There are no barriers to how one should be able to express themselves, and allowing yourself the space to do so on your own can help you realize that

sooner. What we choose to wear during a time like this may seem entirely trivial to some—for me, it's this time that has only shown me how powerful, political, and revolutionary our styles truly are.

Joshua Anaya is a junior sociology major.

TDC X CELCS

HOW TO BE AN EFFECTIVE ALLY IN THE WORKPLACE

Please join us for an overview of how to practice allyship and how to cultivate a supportive and inclusive work environment. Our event will consist of a panel discussion with professionals from diverse communities that will explain what allyship means to them. A limited amount of prizes will be available for attendees to win.

Date: October 1st,
5:30 - 7 pm

Location: Zoom
Webinar

Scan Here!



illustration by REN RADER

Mask Do's and Dont's

Mastering how to wear this essential accessory



ALEJANDRA GERLACH
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Nowadays, nobody leaves the house without wearing a mask. Whether you're making a quick trip to the store or meeting up with a friend, everybody has a mask on hand--making the mask the ultimate accessory of the year 2020.

A mask is an accessory that goes with every outfit, so here's some fashion do's and dont's to help you look your best while staying healthy.

DO GET THE RIGHT FIT

The most important part of any outfit is how well it fits you. The cutest sweater in the world can look tacky if it doesn't fit right, and a sharp suit loses all of its impact if it's too loose and baggy. The same is true of masks.

Wearing a mask is a great way to create a fashionable, flirty look. Covering the bottom part of your face creates the illusion of symmetrical features and draws attention to your eyes. However, a poorly fitted mask loses all of its allure. If your mask is too loose it can detract from the mysterious vibe the accessory creates, and not only is it annoying to have to constantly fix your mask, it can make you seem fidgety and nervous--not a sexy look!

Your mask should fit snugly on you face and cover your nose and your mouth. You don't want unseemly gaps on either side of your face, so be sure that you can feel the fabric of the mask against your cheeks! However, be careful that your mask isn't too tight. Having red marks on your face after wearing your mask all day isn't hot.

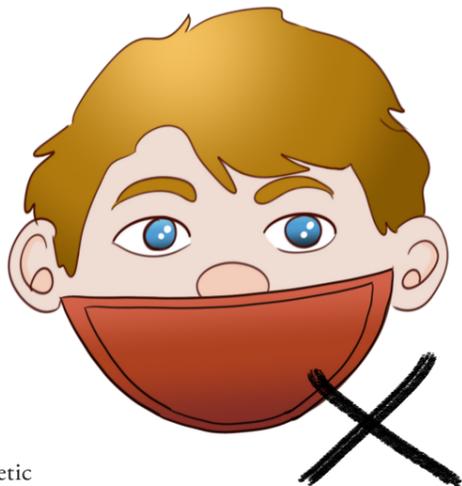


DO Go Big or Go Home

While a solid colored mask is always a safe bet, don't be afraid to go outside of your comfort zone and experiment with patterns. You can easily upgrade a simple outfit by adding a mask with an extra bit of flair to it!

Tie-dye made a comeback in 2020. Even Tom Ford, who's known for his distinguished style, sent a model down the cat walk in a tie-dye caftan. Jump aboard the tie-dye train to make your outfit pop!

Or channel the cottage core aesthetic and try out a floral printed mask! Florals in large amounts can sometimes be more reminiscent of grandma's couch than high fashion, but fashion trends for Fall 2020 are filled with florals: big florals, vintage florals, delicate florals. So don't be afraid to look like a walking garden!



DO Find Your Match

Maybe you're not a born fashionista... That's ok, not all of us can be! If you're scared of committing a major fashion faux pas, there's a super easy way to make sure your mask never clashes with your outfit without limiting yourself to a boring black mask.

Matching mask sets! These mask sets are so easy to find and so easy to style. A lot of online retailers, like Etsy, sell masks with a matching item. The item can be another accessory--like a scrunchie, a hat, a tie, or scarf--but it can also be an article of clothing--like a matching shirt, dress, or even swimsuit.

Rocking a matching mask set is an easy way to create a coordinated outfit that shows how stylish you can be.

DON'T Stick Your Nose Where It Doesn't Belong

The easiest way to take your outfit from HOT to NOT is by wearing your mask with your nose sticking out. Not only does it look totally goofy, but by covering only your mouth it entirely defeats the purpose of wearing a mask while still muffling your voice.

Having your nose out, typically means there's an issue with the fit of your mask. Circle back to our first DO, to find out how to get the right fit, so you don't look like you're wearing an ill-fitting muzzle (no offense LeeRoy).

DON'T Go Overboard

There are some masks that are occasion specific. This may seem totally obvious, but you'd be surprised at how many clueless and stylishly challenged people don't know this. It's been a recent trend for people to wear plague doctor masks...Um, spoiler alert! Those didn't work out so well for the plague doctors, do you really think it's going to work for you?

While masks like balaclavas and Venetian masks are far more fun and interesting than the face masks we see day to day, they aren't exactly the latest in street fashion. So save the balaclavas for ski trips and heists and the Colombina for your next masquerade ball because Captain America's cowl style mask may look hot on Chris Evans, but if you try to walk down the street in one it will be a major fashion fail--trust me.

Alejandra Gerlach is an undeclared sophomore.

illustration by GRACEN HOYLE



CLOSER THAN EVER

written and illustrated by PHOEBE MURPHY

Hey! Did you hear that Jenny is coming back to America tomorrow? She has to quarantine for 14 days, but then maybe we can see her from a distance!

No way!

That's so cool! I can't wait to see her after 4 whole years!

fold

Darn it!

Aw, so close!

fwip

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Sustainable fashion during the COVID era

Despite the limitations of the virus, slow fashion can be social distanced and virtual



MACKENZIE COOK
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Thrift shops have always seemed to be a gateway to sustainable fashion. It is deeply fun to dig through racks of other people's discarded clothing looking for the perfect pair of vintage Lee jeans, and online, people tote their remarkable designer finds and "thrift flips" that revitalize old clothing. For me, sustainability wasn't even the motivating factor to venture into my local Goodwill, but a certain desire to find treasure lurking amidst a pair of pleather pants and a Bass Pro Shops fishing cap. I have always loved fashion. As I dug more into the ethics behind fast fashion, thrifting was the perfect avenue for my desire to own and style "new" clothes without the deep ethical burden that my purchases were promoting sweatshop labor and mass pollution of waterways.

I think many people approach sustainable or "slow" fashion this way. Most sustainable fashion companies, such as the well-respected brand Reformation, feel out of budget compared to the prices we have become accustomed to as consumers. Personally, as much as I love the ethics behind companies such as these, I and many others just can't afford a \$28 basic white tee.

Thus, the pandemic has left a gap in the market for sustainable fashion. What am I, a Taurus with a habit of impulse-buying whenever I get sad, supposed to do now that my local Goodwill is a hazard-zone for COVID-19? While I still lust after the feeling of thumbing through rows of \$1 T-shirts while Wham! plays quietly overhead, I have gathered some alternatives to scratch that itch without completely destroying the

planet. You'll soon learn that sustainability and fun can go hand in hand.

CAPSULE WARDROBES

To start, this isn't so much a place you can shop as it is a way you can conceptualize fashion to stretch your dollar. The idea is that we don't need as many clothes as we feel pressured to buy, and by limiting our wardrobes to versatile, high-quality pieces that we really love, we can limit our spending and stifle a constant desire for new clothes by focusing on what we truly need. I love this idea as someone who is always on the move and on Depop, as it forces me to ask the question, "How often will I really wear this?" By spending less on clothing you'll barely wear, you'll have more money left over to spend on more expensive, ethically-sourced clothes.



illustration by BRACEN HOYLE

DEPOP, EBAY AND POSHMARK

Perhaps the suggestion thrown around most often for people looking to participate in sustainable fashion without leaving the comfort of their home is looking on somewhere like Depop.

CLOTHING SWAPS

Though shopping during COVID means additional precautions must be taken,

clothing swaps can be a great and affordable way to refresh your wardrobe. Organize with a group of friends to pick out pieces you no longer wear and trade either in-person or through the mail. Keeping safety in mind, make sure everyone brings masks. Consider an outdoor location and limit how many people are there at one time. With these little alterations, a clothing swap can become a super feasible and fun event to put on that is still mindful of the COVID-19 health and safety guidelines set in place for the larger community.

These sites contain a mixture of other people's thrift finds and their own secondhand clothing, and prices can range from dirt-cheap to a tad outrageous. I have used both Depop and eBay and had some amazing luck, but it's important to watch out for scams. My personal favorite scam is when Depop sellers try to pass off children's clothing as XXS clothing for fully grown humans, like we didn't all see a strikingly similar bedazzled "daddy's princess" tee on our seven-year-old niece just weeks before.

SOCIAL-DISTANCED ESTATE SALES

I started going to estate and garage sales pretty recently in the panic of searching for the perfect furniture to decorate my new college apartment. Amongst all the cool old furniture, I stumbled upon closets-full of neat clothes at super decent prices! Though a single estate sale will never have the vast variety of a Goodwill, it scratches the same itch for me of rummaging through cool old clothing for stand-out pieces. My number one tip for estate sales is to make sure to check their safety protocols! All of the sales that I have attended were pretty strict about social distancing and masks. If something seems off — leave and find another sale!

SHOP SMALL AND LOCAL

This one may be a given, but consider supporting independent artists and local businesses! While this option can be a little more expensive, you can shop with the knowledge that your money is going towards a small business and the purchasing of quality materials. Since I haven't been doing much in-person shopping lately, I've been turning to online retailers and places like Etsy. You will inevitably end up finding some really unique pieces that you could never find at a retail store. Shop, shop away.

Mackenzie Cook is an undeclared sophomore.

Policing student attire over Zoom is harmful

Students all across the nation have shared their discomfort over clothing policies



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For many of us, our homes have become our new headquarters: A space where we juggle work, class, safe socialization and relaxation. On some days — or for some, all days — we wish we had the privilege to push through back-to-back Zoom classes from the comfort of our own bed.

As some schools kicked off their semester as early as August, students took to social media to express frustration over the requests made by their professors and teachers amid the pandemic. One of the most common requests? A dress code for Zoom classes.

While I can't say I was surprised — as schools have been getting called out for enforcing racist, sexist and classist dress codes for decades — I was astonished at the attempt at continued control over students' bodies by so many schools and universities despite virtual learning. Many school districts have extended their regular dress code guidelines to the Zoom landscape, and some college professors have gone as far as to say that students cannot wear pajamas, eat during class, or attend class from their bed.

After seeing people report these instances, all I could do was wonder why these institutions would be so demanding during an already difficult time. Clothing has become one of the few sources of comfort in a version of our world that continues to bring forth challenge after challenge

due to the pandemic and its effects on our communities. Many people, including myself, are accustomed to finding comfort in the presence of others and spaces outside of our homes. We all need human interaction and healthy relationships; it's part of the human experience. However, because of social distancing precautions, we have lost the ability to access this comfort with ease or at all. Clothing is one way for students to feel comfortable during this very uncomfortable time.

Whether you're living at home with your parents, on-campus in a dorm room, or in an apartment alone or with friends, none of us are in the living situation we expected to be in prior to March of this year. Students in residence halls are without roommates and are distanced from friends; those living in apartments are struggling to establish separation between their home and workspaces; people at home are among their parents and siblings for longer than initially planned — which, let's be honest, has been a test of patience for many of us.

No professor, peer, or friend is going to completely understand what one's living situation looks like right now. The best thing that we can do for one another is be understanding and considerate of the fact that, regardless of where we are attending classes, nobody planned to be in this position.

To be able to dress up for class is liberating for some, and power to you if that is the case. However, we should not place blame or look down upon those who are currently seeking comfort from their at-home wardrobe at a time where most ordinary sources of comfort are off-limits. What we need right now is support from our communities, including our administrators and professors. What we don't need is to be further divided by them.

Some have coined the term "slob-chic" to define this era when sweatpants are the dominant fashion trend; however, I think it's okay to call it what it is: comfort.

As we navigate these complex new relationships we have with our homes — a

space intended to provide an escape from our usual duties during the day — meeting some arbitrary dress code should be the least of our worries. When the world is as uncertain as it currently is, we should at least have the autonomy to dress in a way that feels comfortable.

Dana Nichols is a junior sociology major.



illustration by REN RAUER

A guide to give your face masks a personalized look

Face coverings are mandatory, but you can make yours unique to your personality



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In the last few months, masks have gone from an accessory typically found in Halloween stores or worn by medical professionals, to a necessity that we absent-mindedly grab in the morning before leaving anywhere. Wearing a mask is a daily task that might feel impersonal, because it covers the lower half of your face and can make you blend into a crowd; but it doesn't have to feel that way. Below you'll find some easy suggestions to personalize your mask and make it something you look forward to putting on.

EMBROIDERY

Thread and needle kits are relatively inexpensive on sites such as Etsy, and you can tap into your inner crafty side and design something unique to place on your mask. There are lots of beginner tutorials for designs like flowers and plants, or you can go on your own and thread a more intricate pattern.

Since quarantine began, there seems to have been a rise in people interested in learning how to embroider, and I don't

blame them. Anything you can conceptualize you can either find a tutorial for on the internet, or create your own process.

PAINTS AND FABRIC PENS

Maybe you're not experienced in art, but quarantine is hopefully a time where we can improve skills that we didn't have before. Fabric paint is a great option for mask-decorating, as well as glitter and similar art supplies.

I'd say a good rule of thumb is to practice separately before practicing on your mask, that way you're going in with a plan.

PHOTOGRAPHY

Websites such as Teespring and Redbubble allow you to make designs for clothing and other merchandise, and you can — in addition to doing digital art — find cute photos from online or from your phone camera roll for a mask! Whether it's a picture of your cat, or the view of a sunset that you captured last fall, there are plenty of interesting options for a customized mask. Just make sure your photo resolution is relatively high, so your mask won't be blurry.

FELT, BEADS AND OTHER FOUND OBJECTS

Feel free to add a three-dimensional touch to your face covering and utilize interesting colors and textures! Objects such as tiny rocks or seashells, or even feathers and rhinestones from your local crafts store, can be used to decorate your mask.

SWAP YOUR NEWLY DECORATED MASKS WITH PEOPLE YOU CARE ABOUT

Once your mask looks exactly how you want it to, trading your new mask with a friend — dropping it off on their doorstep — would be an amazing socially-distanced activity to

show them that you care. Quarantine isolation is real and can be challenging, but wearing an artwork that someone else created might be the motivation you need to slip on your mask and face the new day.

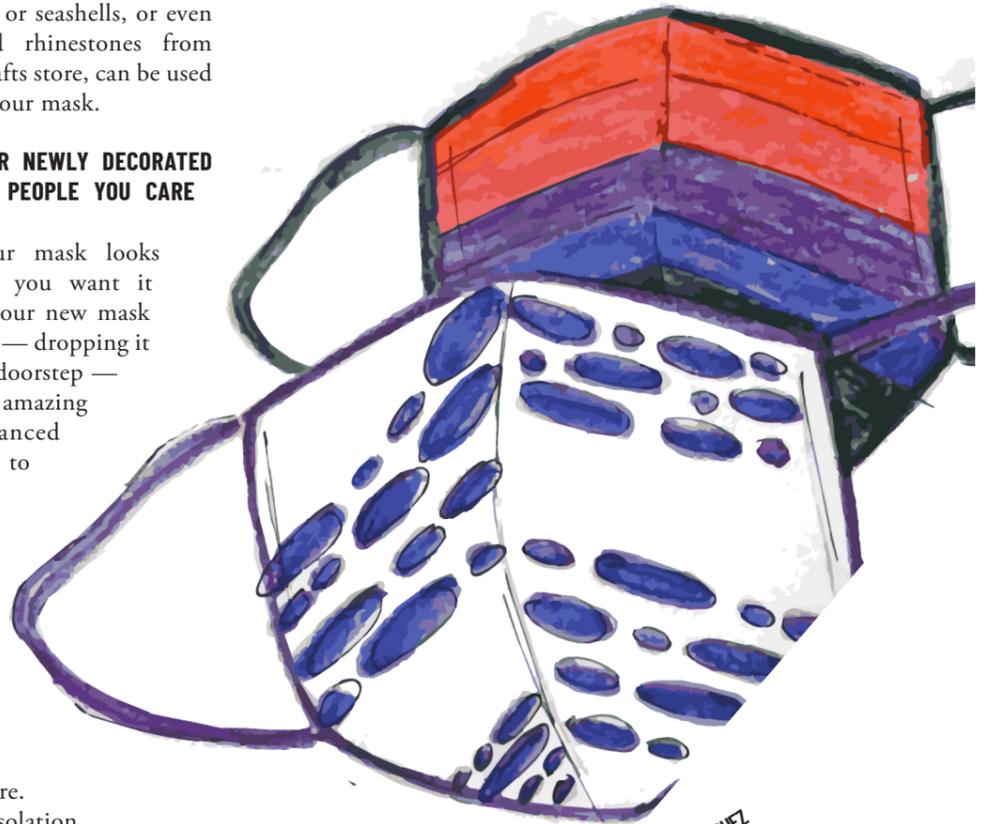


illustration by **GABRIELLE RODRIGUEZ**

Noelle Barrera is a senior anthropology major.

We should wear masks when we are sick, COVID or not

Masks should have been normalized before the pandemic started to protect others



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I get sick every Spring semester like clockwork. It is never the flu, but instead, a seasonal head cold that plagues me for a month before slowly tapering off. Being the overachiever I am, I pack my bag with tissues and throat lozenges, take more Dayquil than is probably wise, and go to class instead of recuperating at home to make sure that I don't miss anything. During my senior year of high school while I was miserable with one of these head colds - sitting in a computer lab behind a fort of used tissues - I decided I had had enough. I began researching washable face masks on Etsy. I had seen them in anime before (cliché, I know) and figured that the least I could do was make sure my bad choices didn't affect others. It would keep me from sneezing on my classmates, and have the added bonus of preventing others from seeing my crusty nose and chapped lips.

I pitched the idea to a family member when I got home, and it was immediately shot down. They told me that a mask would get snotty quickly, they would be hard to breathe in, and it would either make me look deathly ill or like a paranoid fool.

I ended up not buying a cloth mask out of fear that they would be right — and three years later, the same family member asked me to sew masks for the family during the pandemic, when they were suddenly necessary. Looking back, I realize now that all of their arguments against wearing a mask had nothing to do with the well-being of others, but rather how wearing a mask would affect me personally. That's not the point of wearing a mask at all. Cloth masks are not meant to protect the wearer. That's a hard thing to come to terms with

wearing a mask, then anyone who might be sick can't infect anyone else. It is such a simple solution, and yet it has worked so well in so many countries! So why hasn't it worked for us here in America?

self-reliance to accept help from others. "If masks don't protect me, why should I wear one? I haven't been wearing a mask and I haven't gotten sick!" This is because others have been wearing masks to prevent the spread, and you've gotten lucky. Americans often need incentive to do things for the good of others. Take my refusal to stay home and get better when I would get sick in the spring — there are often no measures in place to encourage students to stay home, but rather a looming threat of make-up work and the risk of falling behind that will grow by the day if you miss class. As such, students would rather risk getting others sick for their own benefit, rather than

their actions affect others; families look out for each other, companies are structured similarly to a family unit, and the actions of one person reflect on the greater family they belong to. It makes more sense that they would adapt better to wearing masks for the good of the collective, because they already tend to keep others in mind when making decisions. Additionally, in South Korea, face masks were already in use both practically and aesthetically; masks are often worn when one is sick, but are also used by teens and young adults as a fashion accessory. They were already normalized due to this dual purpose, which made them more accessible when they became necessary for daily life.

We can't change the past. We can't go back in time and normalize mask wearing so that our COVID experience would be better now. What we can do now is take what we've learned about mask-wearing, apply it forward to the coming flu season, and maintain the habit specifically for the sake of others. If we continue to wear masks, even long after the pandemic has passed, we can make sure to protect both ourselves through example and others through practical use. It costs us nothing to be kind to each other — and we'll look good doing it, too!

Gracen Hoyle is a junior computer science major.



illustration by **GRACEN HOYLE**

during a pandemic; we want to be able to wear something that will protect us from all possible germs so we can get back to living our lives. Instead, masks act as a form of herd immunity during a pandemic because if everyone is

America has a strong individualist culture to a fault. People tend to look out for themselves due to the myth of the American dream. This dream consists of pulling yourself up by your bootstraps and making your own way, being too proud of your

falling behind for the benefit of the health of others.

Countries that have successfully flattened the curve tend to be more collectivist — take South Korea as an example. Their culture places an emphasis on family and how

Cast of “Gaia” embraces masks in performances

Students and faculty involved in production navigate the challenges of performing in face masks

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“The first day of rehearsal, we were told that theatre is live; this is not live, so this, what we are doing here, is not theatre,” said sophomore Nathan Mihalski.

On a fundamental level, acting is based on facial expressions, speaking and body language, so what do you do when two of those are taken away? This question has shaped how Trinity theatre students operate under the direction of Roberto Prestigiacomo, associate professor of theatre, as they rehearse “Gaia.” Based entirely on student writings and ideas, “Gaia” was initially pitched during the spring semester and planned to debut in the fall. As with everything else on campus, however, what was planned for “Gaia” drastically changed because of the pandemic.

“The entire concept had to be reworked to be something that we could take advantage of,” said first-year Caitlin Huisman.

Fortunately, because “Gaia” is an original work based on student writings with Prestigiacomo’s assistance, those involved have had the freedom to adapt the source material to their needs without the pressure to stick to a strict script or production notes. “Gaia” has been able to evolve with the times.

“When ‘Gaia’ was initially pitched, it was as a live performance on the stage. The idea of creating a video is something that came later,” said sophomore Juliana Martinez.

While originally meant to include more traditional, dialogue-based scenes, “Gaia” will now consist of a single actor performing on stage



The cast of “Gaia” gathers together to rehearse and record their voice-overs while they wear face masks. photo by KATE NUELLE

as another student performs a voice over. This change alone presents formidable challenges.

“Channeling a character or an emotion without somebody to bounce off of is interesting and definitely something that I had to practice,” said sophomore Patrick Green.

“It’s definitely a different experience,” said first-year Gabriella Stein. “You have to flex that one muscle rather than all the muscles of your body or your voice.”

On top of that, the actors are still required to wear face masks during the onstage performance, which has taken away much of what the students rely on to convey emotion during a scene.

“You just need to be way more aware of your body, and you need to be so much more attached to it,” said Huisman. “Because you cannot act at

all with your face, you just have to be so much more aware of what your body is doing.”

The face masks the actors will be wearing while performing have also undergone changes. As opposed to just wearing regular cloth face masks, Prestigiacomo and the students have done careful research and brainstorming to design masks that will work within the concept of the show in order to make them feel organic.

“Initially we had hoped that we’d be able to film without masks because that would make it a lot easier,” said sophomore Josh Rea. “But once we realized we’re going to have to have our masks, that’s when we started incorporating an extra depth to the mask, like giving it a purpose.”

Face masks are also required while students record their voice-overs.

“I found that I have to really focus on my dictation and how I’m saying things because it’s coming out a mask, so I have to be really careful,” Green said.

While the production of “Gaia” has not been easy, the students involved feel that there have been inadvertent benefits to the changes that have been made. Most of the students, for instance, are doing voice overs for the first time. They are even incorporating other types of art such as animation that they wouldn’t have been able to utilize if it were a live performance.

“It’s really interesting for us to participate in because all these people are thinking of traditional theatre, and then we come in, and it’s almost like we’re edging towards film, which is just a completely different experience,” Rea said.

“It’s neat because we’ve gotten to do things like not deliberately memorizing anything. When you memorize something, you fall into a particular cadence with it,” Martinez said. “But you can voice record with the script in your hand and that lets it have more of an organic feel to it despite a more artificial construction.”

According to Huisman, the students felt excited that they were able to be exposed to so many different aspects of acting and production that they would not have had the opportunity to learn in a traditional live performance.

“Acting for film and acting for stage are very, very different techniques,” Huisman said. “Most people are trained for stage before you’re ever considered for camera, so we very much had to kind of exercise these new muscles that are not typically used at the collegiate level.”

“Gaia” will be uploaded online on Oct. 2.

From Florida to California: Baskin’ in the Light of the Dance Floor

Tiger King’s Carole Baskin stirs controversy after making debut appearance on Dancing with the Stars.

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As she gleefully danced to “Eye of the Tiger” below the spotlight on one of America’s most famed dance floors, Carole Baskin had all eyes on her. Baskin, an American big-cats rights activist and notable figure on Netflix’s Tiger King, recently raised some eyebrows after being selected as one of the contestants on Dancing with the Stars. Since the show’s premiere, a looming controversy has risen surrounding ABC’s choice to host Baskin as a contestant despite murder allegations against her. Her potential involvement in her husband’s death, alongside her low-rated performance on the show, have given audiences around the country many reasons to question her presence on the show.

Tiger King: Murder, Mayhem, and Madness, released March 20, is a Netflix documentary series centered on “Joe Exotic,” a famous collector of big, exotic cats at his zoo in Wynnewood, Oklahoma. Being his main source of income, he often used the cats for shows, merchandise and other money-making ventures. The series focuses heavily on Exotic’s role in the deeply interconnected society of big-cat conservationists and collectors; more specifically, the show highlights Exotic’s antagonistic relationship with Carole Baskin, CEO of Big Cat Rescue, a non-profit sanctuary for exotic cats. Despite Baskin’s title as an animal activist, Exotic maintains throughout the series that she is simply another rival zoo owner looking to eliminate any competition. During the series, a storyline about the 1997 disappearance of Baskin’s former husband, Don Lewis, took place and named Baskin as the main suspect. The crime has yet to be solved, and to this day, Baskin has openly denied any involvement in his disappearance.



illustration by REN RADER

Many have expressed concern that Baskin’s appearance on the show is just an attempt to gain viewers by ABC. Baskin herself said, “I believe their actions are just a publicity stunt, but if it helps us find Don, then that will be a huge relief.” Many remain hopeful that the attention from the show will lead to more information and support towards solving the disappearance of her former husband. Baskin’s former in-laws have found this situation to be anything but

amusing. To show their commitment to finding out what happened to Don, they purchased ad time before the show’s premiere, asking for tips and information about his disappearance for a \$100,000 reward. The commercial in question sent audiences into a spiral of reactions causing the topic to trend on Twitter the same night.

Why this is all a huge controversy is not an easy question to answer. The aspects of American misogyny and celebrity culture characterizing

the attention that Baskin has received over the last couple of months are huge, however. Criticisms of the show have argued that despite the potential involvement of many parties in Lewis’s death, Netflix needed a villain for the show and Baskin was a quick target. Throughout the show, Joe Exotic partakes in harmful actions against her, including creating threats against her, posting highly sexualized jokes about her online and rallying his followers on a campaign of online harassment against her. Writers have argued that the show’s portrayal of Exotic’s actions against Baskin are part of an “edgy, loony charm” rather than examples of strictly violent, gendered practices. According to Sophie Gilbert of the Atlantic, critiques of the show’s portrayal of her are simply there to highlight “where it indulges in its most egregious displays of false equivalence, as it tries to elevate her eccentricities to stand alongside those of Exotic...”

Baskin herself has spoken out against the show’s mischaracterization of her persona. “There are not words for how disappointing it is to see that [Tiger King]... has had the sole goal of being as salacious and sensational as possible to draw viewers,” she said.

ABC’s perpetuation of this same violence against Baskin is more subtle. In order to please audiences around the nation, they’ve placed her on the show as a way to expose her to a nationwide audience that was previously given a strictly criminal image of her. It is yet to be seen how this affects public opinion of her. The network’s decision brings attention to a larger issue in entertainment of sensationalizing and profiting off of real crimes. While fundamentally, it may just not be a good practice to place murder suspects on live TV, it is still significant that ABC did so and is profiting off her allegations that have yet to be resolved.

Music students and instructors adhere to new safety guidelines

Trinity's orchestra and wind ensemble adjust to new method of rehearsing amidst COVID-19 restrictions.

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Given the restrictions set in place due to the COVID-19 pandemic, Trinity's music department has been met with predictable roadblocks. The music department has dedicated time to researching, studying and planning ways to ensure a safe season. Since the beginning of the fall semester, various calculated health measures have been implemented in the music department to maintain the spirit of a music ensemble while still ensuring the safety of its members.

From purchasing air filters, UV wands and custom bell covers that reduce the spread of aerosols to implementing strict and safe practice systems, James Worman, assistant professor of music and director of the Wind and Percussion ensemble, has committed hours of his personal time ensuring that the fall semester runs as smoothly as possible by addressing every potential risk and challenge.



DR. JOSEPH KNEER, a music professor and the director of Trinity Symphony Orchestra, holds rehearsal for TSO's wind and percussion players as remote students use Zoom to follow along from their homes. photo by **KATE NUELLE**

"I'm witnessing the time, effort and creativity that has been put into this program to allow us to play and the cooperation involved, and it has shown me that if we are willing to be flexible, we can still have productive and fulfilling experiences."

"Many students come to Trinity because the music program is really strong and want to continue their meaningful engagement with music. Shutting down the department wouldn't work, so we were determined to make sure it happened," Worman said. "We've had about six rehearsals now. It's still not normal, but I can tell

from body language and how they come into the room that they feel safe and confident that we can make this work."

The effort that the music department is putting in to create a comfortable environment is evident to the members of the music department. Caroline Harrison, Trinity Symphony Orchestra (TSO) oboe player and chamber group member, expressed her satisfaction and gratitude for the work that has been put in.

"We are living in challenging times and for many of us playing music is a way to find peace. I am grateful that [Joseph Kneer, assistant professor of music] and other leaders at the music department are willing to put in the extra work and creativity to allow us to do something this semester, even if it wasn't what we expected. I'm

witnessing the time, effort and creativity that has been put into this program to allow us to play and the cooperation involved, and it has shown me that if we are willing to be flexible, we can still have productive and fulfilling experiences," Harrison said.

Although Ruth Taylor Recital Hall has been measured out by Worman and would be able to accommodate a socially distanced wind ensemble for a recorded concert, the potential risk is still a concern to Worman, who has had to shift his approach to composition and rehearsals. Rehearsals now consist of 50-minute segments rotating sectionals instead of the usual two hours, twice a week. For example, violins rehearse one hour on Monday, and lower strings—cellos, basses, and violas—rehearse the next hour after a

twenty minute break to allow for the least amount of exposure.

Meg McDonald, a sophomore trumpet player in Trinity's Wind Ensemble, expressed her optimism in the way rehearsals have changed to meet health guidelines.

"We now have access to only a couple rooms for practicing purposes, and after we use a room, there is a required 'air-re-circulation' time before another person can use the room. During group rehearsals, all of the chairs are spaced apart from each other and in straight lines as more precaution to prevent aerosol spread," McDonald said. "Although the changes to the music department are quite disruptive, I feel comfortable knowing that Dr. Worman is doing what he can to keep us all safe and give us the opportunity to still be in band."

Similar to McDonald, Amy Nguyen, a first-year TSO cello player, also expressed her gratitude for the changes that have been implemented.

"I am happy to be able to play in an orchestra, but the changes we are undergoing this semester makes playing as a group much harder," Nguyen said. "I see performing as more of a privilege now because I know that lots of schools would cancel music performances altogether."

Chloe Scroggins, a sophomore TSO viola player, provided a different perspective due to being a remote player.

"Since we have shorter rehearsals, [fewer] days together and trying to count measures while on Zoom, it is hard to learn the music as you go, and I have to start taking more time to practice with recordings rather than listening to class. It exposes a lot of individual playing since we have to send in recordings and really have to project our sound if we are in person," Scroggins said.

Despite these setbacks, Scroggins is grateful for the privilege to play music and have some sense of normalcy among so many changes, just like the other ensemble members.

"I'm glad they are providing the space to play music because it is an important part of peoples' lives to just connect musically and socially," Scroggins said.

For the Record: Peach Tree Rascals' "I can't wait for you to come my way"

The Peach Tree Rascals' first project is filled a variety of songs with catchy melodies and good vibes.

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For the record, the Peach Tree Rascals is both a brand-new band to me and one of my favorite band names as well. This week, Spotify's 'New Music Friday' recommended Peach Tree Rascals' recently released EP, "I can't wait for you to come my way." The five-member group based out of Los Angeles is made up of Dominic Pizano, Issac Pech, Tarrek Abdel-Khaliq, Joseph Barros and Jorge Olazaba and implements a unique blend of influences to produce feel-good, cheerful tunes.

Flavors of R&B, alternative/indie pop, funk, and hip-hop blend deliciously for a distinctive sound that's quickly gaining them popularity amongst listeners. Peach Tree Rascals has only been releasing music since 2018, but the other 7.5 million monthly listeners on Spotify would agree that they are definitely doing something right. While typically I review longer, full-length LPs, I figured the latest project from this group deserves a little press as well. The six-track EP comes in at just 20 minutes in length, but its good vibes and laid-back tone put you in a good mood the entire time you're listening.

Peach Tree Rascals had only released singles as a group until August 21 of this year when "I can't wait for you to come my way" came out. As the group's first project-based release, they've put together six songs

that fit perfectly together. The EP opens with lyrics that title the EP in the lead song "Mariposa." A groovy drum beat, smooth guitar chords and funky key riffs accompany the lyrics, "I can't wait for you / To come my way / I've been far away / But I'll keep runnin' / Just to find a way to you til' then." "Mariposa" has awarded the group most of their attention with close to 95 million streams alone on Spotify, and it's no wonder why. The song is intoxicatingly catchy and easy to put on repeat. "I'm sorry" follows as the second track and alludes to more of an indie rock sound with impressions of acoustic guitars, shakers and a kick-drum driven beat. Another catchy chorus features lyrics, "Hold my pride when I go outside / Tell my Mama I'll be home on time / Come on (come on) mmm, come on (come on, come on) / Wash my soul, all the drugs I did / Can't go back to the place I've been / I'm sorry, I'm sorry." "Deer," my personal favorite, and "Mango" and "Glide" include a few new sounds aligning with chill hip-hop and R&B. Influences of Frank Ocean, John Mayer and Kendrick Lamar are mixed into a sound that comes off authentic and smooth.

It's clear that the Peach Tree Rascals put a lot of effort and attention into creating a sound that's unique to them. It's not overbearing, it doesn't feel forced and it comes off as genuine feel-good music. The EP closes with "Violet," the slowest song on the record and a slight change in subject. Exploring themes of loneliness and feelings

of post-breakup emptiness, "Violet" is the one song on the EP that comes off a little sad if you pay attention to the lyrics. "I think it's time I let you go / 'Cause I've been holding on and waiting for too long / And I don't know if I can take this." Despite the lyrics, there's an air of optimism to the song, and you can't help but feel the same way when looking at the smiley face on the design of the EP's cover.

I've only had Peach Tree Rascals on my radar for the last week, but I can guarantee that they'll be there for a lot longer. "I can't wait for you to come my way" in its entirety is a perfect 20-minute playlist to listen to working, relaxing or just hanging out. It's easygoing, wholesome and suits a wide variety of moods. Peach

Tree Rascals' "I can't wait for you to come my way" brings a fresh and eclectic sound that is sure to bring them more success in the future, and I'll definitely be here for it.

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Sports teams begin socially-distant training

Trinity athletes allowed to practice while following strict COVID-19 safety protocols.

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Despite their fall seasons being canceled, the Trinity Tigers were officially allowed to begin training on Sept. 8th. The postponed start was the result of delayed athlete physicals, which was a much slower process than usual this year as the teams followed COVID-19 safety protocols.

Along with the delayed physicals, the Department of Athletics had to keep a close eye on the campus-wide COVID-19 positivity rate as students returned to campus. With the first round of surveillance testing revealing zero positive cases, teams were allowed to move forward with training.

A phased Return to Sport Program was developed for all teams to ensure that practices remain safe and limit social contact as much as possible. It includes three phases with distinct requirements that must be met before advancing to the next phase.

PHASE ONE

Teams are broken into units called pods.

These pods can't have more than eight players, and athletes that live together off-campus must be within the same pod.

Athletes can't switch pods once Phase One training has begun, and interaction between pods is not allowed during training and strongly discouraged outside of training.

Masks must always be worn except when

drinking water. This is the only instance players are allowed to remove face coverings.

Athletes must show a green check and get their temperature taken before each practice.

Practices must be socially distant and can only include individual, non-contact drills.

Phase One must last at least two weeks with a minimum of 6 sessions per pod.

PHASE TWO

All the safety measures in Phase One apply to Phase Two, with a few adjustments:

The pods can now hold 12 players max.

Small group drills are allowed but must remain non-contact.

PHASE THREE

All safety measures in Phase One and Two apply to Phase Three, with a few adjustments:

The maximum capacity in a pod is now 20 players in each pod.

The larger pods should refrain from dividing up the little pods if possible. Team drills may occur, and will be limited to a short (15 minutes) live active training.

TEAMS CAN MOVE ONTO THE NEXT PHASE IF:

They meet the requirement of six sessions over a period of two weeks.

There isn't an increase in positivity rate within the team and numbers are stable.

Teams comply with all phase requirements.



Head volleyball coach **Julie Jenkins** oversees a drill as volleyball players wear their masks to play. photo by **KATE NUELLE**

There isn't an increase in Trinity's overall positivity rate. If an athlete does test positive, their pod's activity will be suspended until proper contact tracing can be conducted. Training would only resume after testing and necessary isolation has occurred, and the head athletic trainer clears the pod. Additionally, Trinity can suspend all athletic activities if deemed necessary.

While all sports are subject to these rules, the size of teams and each sport's requirements has resulted in some specific adjustments.

VOLLEYBALL

The volleyball team began practicing on Friday, Sept. 11th and holds practice four days

out of the week, the remainder of the week is dedicated to lifting. They are split into three pods based on players' living situations and positions. The team works to allow first-years to interact with upperclassmen within their pods.

Their practice times are staggered throughout the day. They bring their own water bottles and after practice they sterilize the balls. They also complete wellness monitoring three times a week to assure each athlete is in good health.

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Professors share thoughts on opening sports stadiums

Sports teams hope to increase 2020 voter turnout amid COVID-19 concerns

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The AT&T Center in San Antonio is one of many professional sporting arenas that is opening up for voting because of the upcoming 2020 Presidential Election. It's yet another instance of the intersection between sports and politics in a year that's seen a rise in political protests in sports. Professors across disciplines shared their reactions to stadiums opening up for voters and how that may impact voter turnout in the upcoming election.

Jacob Sanchez, professor in the Department of Communication, is currently teaching a Sport Media class. Sanchez said he is hopeful that voting at sports stadiums will increase the number of people who

participate in the election. He believes it will be especially interesting to see if this will impact first-time voters because, in his opinion, those accustomed to voting will not be impacted as much.

"Younger non-voters are more likely to passively bump into news than seek it outside of social media. Sports leagues who are active on social media have a large platform to reach those followers," said Sanchez.

Sanchez highlighted that not all of the National Basketball Association (NBA) arenas are open for voting. On Aug. 28th, the NBA and the NBA Players Association issued a joint statement on social justice and racial equality. "In every city where the league franchise owns and controls the arena

property, team governors will continue to work with local elections officials to convert the facility into a voting location for the 2020 general election to allow for a safe in-person voting option for communities vulnerable to COVID."

Some arenas, like the AT&T Center, are publicly owned, so it's up to local officials to decide if they wish to turn the stadiums into polling places. Sanchez believes it is an easy way to increase voter involvement since none of the stadiums are currently being used for the NBA playoffs. He pointed out that there has been a good amount of performative activism in sports this year, and that ultimately, that performative activism didn't result in any real change or challenge the systems in a productive manner.

"Performative actions on social media, such as posting a blackout image to Instagram, are criticized for not doing enough to change the actions of people, and especially actions of large organizations. Examples of performative action in sport are painting 'End Racism' in an end-zone for the Kansas City Chiefs while not acknowledging or changing the team name or fan chants. More tangible changes found in the NBA are allowing the public to use empty stadiums as voting locations or supporting the Police Accountability Project through initiation and funding," Sanchez said.

"The WNBA in particular has a history of progressive actions taken by players, to dedicate the season to Breonna Taylor and the 'Say Her Name' campaign and reminding fans to register for the Census at the start of some games," Sanchez said. "Players for the Atlanta Dream have also been vocal against their co-owner [and] Senator Kelly Loeffler who has spoken out against the Black Lives Matter movement herself. They have worn T-shirts with 'Vote Warnock' in support of

Raphael Warnock, who is running against Senator Loeffler. Historically, the WNBA and NBA fans have skewed more liberal and that is reflected by their actions."

John Burke, a visiting Assistant Professor in the Department of Political Science, expresses doubt that the repurposing of the sporting arenas will drastically increase voter turnout.

"Whether enough people will gain access through [voting in sports arenas], I am skeptical," said Burke. "The major deterrent is the virus and it depends on what kinds of precautions are being taken."

Burke added that he thinks stadiums open for voting will encourage people who watch sports to register to vote, but he is not sure how much of a tipping point in the election this will be.

"My hope is that sports teams continue this effort beyond this year, and I think that will make them more likely to have a larger impact over a longer period of time," Burke said.

David Crockett, the Department Chair in the Department of Political Science, shared similar skepticism regarding the impact these stadiums could have on the election.

"In terms of voting, the nation has worked to make it easier over the years — getting rid of formal and legal barriers, less restrictive registration rules, motor voter registration, early voting, etc. Opening up sports arenas will expand the venues for voting, but people will still have to want to vote and make the effort to vote. And how that will work in the current pandemic environment, I'm not sure," said Crockett. "But ultimately, I think it will have at best a marginal impact. Voting takes time and effort, and I suspect there is a percentage of the population that simply finds that time and effort to be prohibitive, or just not worth it."



The AT&T Center will be opening up their stadium for voting in the 2020 presidential election. photo by **KATE NUELLE**

The Art of Juggling Sports and Safety

TU recreation hosts virtual hand-only and feet-only juggling competition

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In order to keep athletes and students involved with club and intramural sports during this time of remote learning, TU Recreation announced a virtual juggling competition. The requirement? Students had to show off their juggling skills in a creative way.

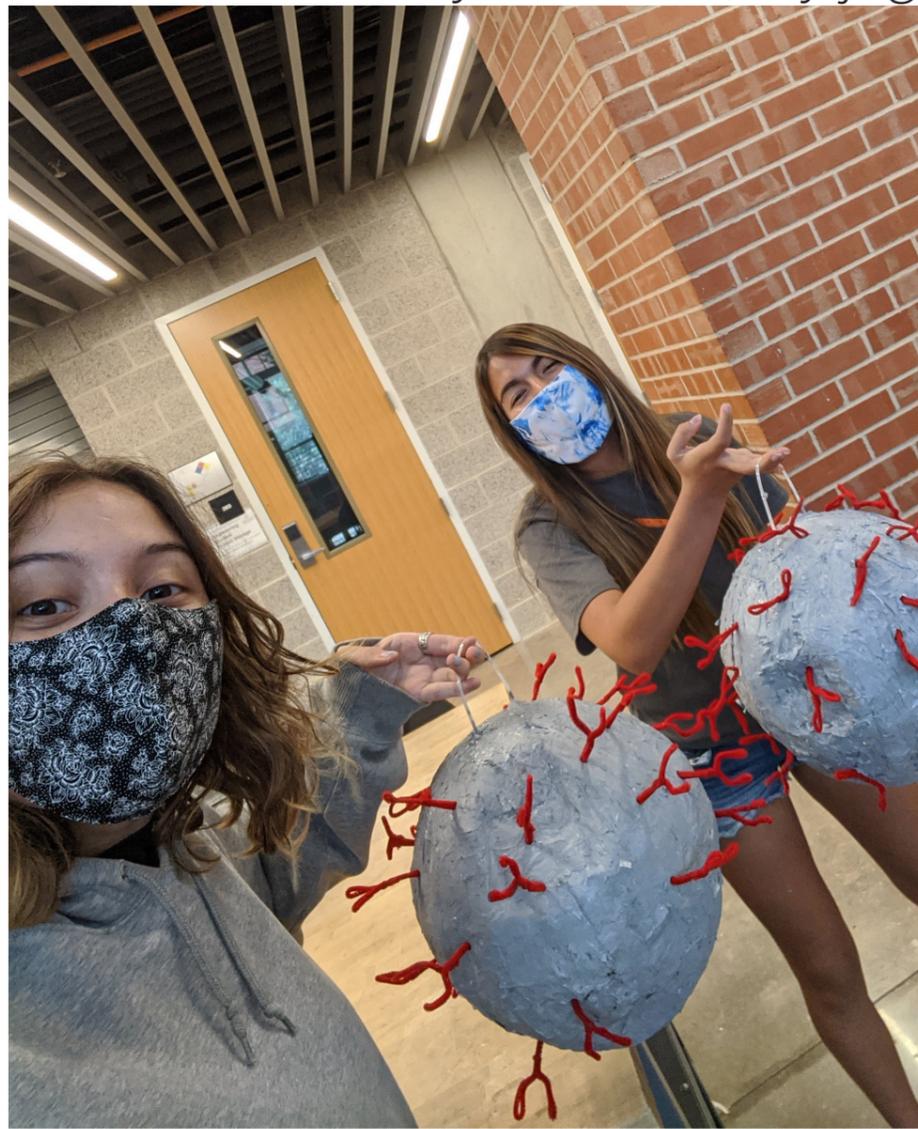
The video submissions were posted on TU Recreation's Instagram story on Sept. 11th, 14th, and 16th, where the public could vote for the winner. The prizes included an Intramural (IM) Champion t-shirt and a \$25 gift card to local sports bar Bombay Bicycle Club.

While the competition had two categories—hands only and feet only—the initial idea proposed by captains of Trinity's Women's Club Soccer was a foot juggling contest intended to engage team members both on and off-campus in lieu of normal club activities, according to Samantha Rodriguez, junior and co-captain of the women's club soccer team.

"We wanted to come up with ways for our off-campus players to interact with the club, and so whenever Emi [Mondragon, who is also a co-captain] presented the idea to Kristen [Harrison], Kristen was super enthusiastic about it," said Rodriguez.

According to Kristen Harrison, Associate Director of Athletics for Recreation and Sports Camp, she saw the potential to expand the contest parameters.

"They presented me with a few [ideas], obviously the juggling competition — originally they just wanted to do just a foot juggling competition, and I said, 'Well, if we're going to make this an intramural event, let's make two categories, hand juggling and feet juggling.' So that way it opens it up for more people to get involved because not everybody can juggle with their feet and not everybody can juggle with their hands," said Harrison.



Samantha Rodriguez (left) and Emi Mondragon (right) hold a COVID-19 shaped piñata that they juggled. Their video won the feet only category in the virtual competition.

photo provided by SAMANTHA RODRIGUEZ

Women's Club Soccer co-captains Rodriguez and Mondragon who—along with Aislinn Marcee, sophomore co-captain—were the brains behind the challenge, submitted a video in the feet only category with team members

Margherita Contestabili, senior, Bridget Susman, sophomore, and Sarah Heidt, senior, in which the group juggled a home-made COVID-19 piñata. The video by the group ended up winning the feet only category.

"Sam really came up with the idea for it to be a piñata, and then I found there was a trend that people made coronavirus piñatas... I had some acrylic black and white paint and I said we could use that and make it grey, and then we just bought a circular piñata from Party City and painted over it and got some pipe cleaners and poked them in," said Mondragon.

Another creative submission was made by Mark Lewis, computer science professor and roller skating instructor, who is known to teach students how to juggle in the hallway outside of his office. Lewis's submission, which ultimately won the hands only category, included juggling with a basketball on roller skates, and then juggling medicine balls. According to Lewis, his original submission, which had to be trimmed for time, also included a juggling tutorial and a segment in which he read from a textbook while juggling.

"I really do teach students how to juggle in the hallway outside of my office, which was a significant part of the video, and I was like, 'You know, I'll actually play off of that,' and just kind of roll with the idea of how you go about learning it and teaching it. I figure as a professor that kind of makes sense to do this as a teaching type of thing," said Lewis.

Although the juggling competition has drawn to a close, there will be many more opportunities for students to get active and engage in recreational sports both on and off-campus, according to Harrison.

Later this month, TU Recreation plans to announce a Trick Shot competition that will allow students to submit videos of themselves doing trick shots to win a prize. Other virtual contests are also in the works. One big virtual event that Trinity will host this semester is their annual Turkey Trot.

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Precautions taken by sports team are dependent on how they function

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WOMEN'S SOCCER

The women's soccer team started practicing on Monday, Sept. 14th. They have four pods, each containing between five to seven people. They practice four times a week, and occasionally weight lift at the Sports Performance Center (SPC) after their practice.

Coaches lay out cones with people's names on them so players can place their belongings on the field while staying six feet apart. Their practices are also staggered to eliminate contact between pods. Players must bring their own water bottles.

"I have realized that we are still being offered some sort of soccer experience when we could have been given nothing. Especially being a senior, I think that I have a sense of appreciation for every little moment. Personally, I am absolutely thrilled to be back out on the field, even in a mask," said Lindsey Peng, senior defender.

WOMEN'S TENNIS

The women's tennis team began practicing on Monday, Sept. 14th. They practice three times a week with SPC lifts included. They have two pods that hold between four and five players each. They have separate courts for each pod and are allowed to switch partners within their pod. They bring their own water and space out their belongings.

"There is no better feeling than being on the court again...I hope I can speak for everyone when I say that this offseason has been the longest one ever and just being

back in the same place to train is incredible and not taken for granted," said Annie Wise, senior tennis player.

WOMEN'S CROSS COUNTRY

The women's cross country team had their first official practice on Friday, Sept. 11th. They typically meet together for lighter runs and weight training and a longer run on Sunday. They have four to eight people in each pod, and when they run, they must be at least 10 feet apart. They each have their own water bottles and towels and stay distanced while stretching post-run.

"It's a little bittersweet in the sense that it's definitely not the senior year I imagined, but it's something, and I'm so grateful for the efforts our coaches, the athletic department, and the university have put into this to make practices an option for us this year," said Jordan Juran, senior runner.

FOOTBALL

The football team started lifting on Monday, Sept. 14th, which is what most of their Phase One will comprise of. They have 30 pods altogether and players are divided into two lifting shifts, one at 6 a.m., the other 7 a.m. Pods are split up within the SPC to ensure distance. The team sanitizes all equipment.

"Overall, I just missed these guys, and I missed being around the coaching staff... We may not be dealing with the most ideal situations, but I am so grateful to be around these guys and continue doing life with them," said Wyatt Messer, senior quarterback of the football team.



The volleyball team spreads out for practice as they learn to play while wearing a face covering. photo by KATE NUELLE

MEN'S SOCCER

The men's soccer team began practicing Friday, Sept. 11th. They have five pods with seven to eight players in each pod. For Phase One, they are training and lifting three days a week. Multiple pods will train simultaneously but on opposite sides of the field to maintain distance between them. This will ensure pods aren't in close distance and can practice comfortably.

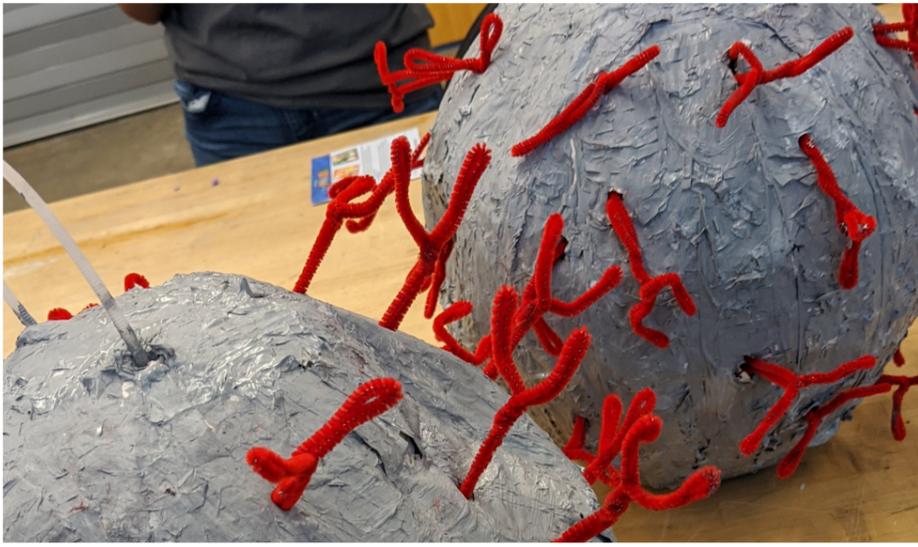
"Everyone is very excited to be back in training... being back on McGinlay Field is a great feeling and makes me feel very grateful to be back with the team and playing soccer again," said Quentin Van Der Lee, senior midfielder.

SWIMMING AND DIVING

The swimming & diving team started practicing on Monday, Sept. 14th, swimming three times a week. They have five pods with eight people in each and they are based on the athletes' living situations. Two of the pods swim in the indoor pool, and the other three use the outdoor pool. Plastic panels were placed between the lanes, and swimmers stay spread out across the pool.

"Our head coach and the weights coach have been very helpful in making practice possible, and we are all doing everything we can to hopefully get back to a normal schedule as soon as possible," said Shamzi Alkaff, senior swimmer.

Juggling competition announces winner



This close-up of COVID-19 piñatas shows the materials students used for the competition. photo provided by **SAMANTHA RODRIGUEZ**

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“We always do the Turkey Trot the Thursday before Thanksgiving. This year we’re not going to do it in person, it will be virtual, so what we’re going to do is that week [...] we’re going to open it up for anyone to go ahead and just run 2.1 miles around campus, off-campus, wherever. [Students can] go ahead and take a screenshot of [...] whatever app they use fitness-wise to gauge their distance and just email it to us, and the first 100 people, we’ll give them t-shirts,” Harrison said.

Harrison explained that, for on-campus students, there will be the opportunity to compete in person.

“Starting Friday [the 25th of September], we’re going to do our first individual tournament with table tennis. So the plan is, every Wednesday and

Friday, we’re going to host some sort of tournament. So it’ll be Wednesdays at 7 p.m. and Fridays at 3 p.m.,” Harrison said.

In addition to the table tennis tournament, there will be tournaments in disk golf, tennis singles, pickleball, as well as three-point and free throw competitions. Other potential tournaments, which have not been confirmed, include corn-hole, soccer golf and sand-volleyball serving.

These will be individual tournaments with a cap of eight participants. Students will need to sign up in advance at the IM Leagues website (www.imleagues.com) and be cleared as healthy by a Conversa green pass in order to participate. Recreation will provide the necessary equipment for each participant, which will be sanitized using a Clorox 360 machine. They will also enforce social distancing and proper mask use throughout the competitions.

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ENGAGE

PIH ENGAGE

Partners In Health’s history is one of making possible what others saw as impossible: high-quality health care in the world’s most impoverished, remote communities. Over the last three decades, PIH has provided MDR-TB treatment in Peru, HIV therapy in Haiti, comprehensive cancer care in Rwanda, and health system strengthening in post-Ebola Sierra Leone and Liberia. PIH Engage is the grassroots movement-building arm of PIH, aimed at training the next generation of global health leaders and equipping them with the tools and strategies necessary to generate political support for global health equity. Together, we structure, harness, and drive forward our efforts to build grassroots power in the fight for the global right to health.



PIH Engage empowers and mobilizes U.S. constituents interested in creating grassroots movements that sway decision-makers toward effective global health policies. We amplify the voices of our patients and clinicians to ensure that government leaders hear stories from the countries where we work. In doing so, we push for action that is directly informed by and addresses the lived experiences of poor and vulnerable people around the world.

OUR MODEL

Community-building & Education
Understanding the systemic inequities that lead to poor health outcomes in impoverished countries is an essential component of Engage. Through curricula, webinars, discussions, and events, we raise awareness about the forces that prevent global health equity and highlight the links between poverty and poor health.

Advocacy
Promoting and codifying the global right to health requires targeted political action. We meet with local and national government leaders to share lessons, stories, and positive results from PIH sites and to champion legislation that eliminates barriers to care. In so doing, we advocate for the radical notion that the poor deserve equal access to high-quality health care.

Fundraising
We plan and host fundraising events and campaigns to ensure PIH continues to have the resources to prevent senseless deaths and deliver high-quality health care in some of the world’s poorest places. Through our educational efforts and outreach with our Engage community, we’re not only fundraising—we’re also radically reimagining how wealth and health care access are understood.

Interested in growing the right to health movement at Trinity?

Contact Imran Khan
ikhan@trinity.edu
817-682-8132

Guest Speaker **Burke Balch**

THE ISSUE OF ASSISTED SUICIDE

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