

# TRINITY UNIVERSITY



TRINITONIAN

AUGUST 14, 2020 • VOLUME 118, ISSUE 1

# Welcome to Trinity. Let's look around.

## *You're in for a wonderful journey*

Being new at Trinity has always come with its challenges, but this year in particular presents new uncertainties students have never faced before. While some aspects of the Trinity experience have changed to accommodate safety concerns, you can rest assured that a lot of what makes Trinity unique remains untouched.

New Student Orientation (NSO) is about how Trinity works. It's exciting, nerve-racking, full of opportunities. You'll get through whatever comes your way, but it does help to be informed on "what's what" around campus. This is where the Trinity Declassified comes in. It's written for curious students like you by us, current Trinity students who have been in your shoes.

Preparing for college can create stress. No one in the history of first-years has ever had it all figured out; you're not supposed to. College is a place where you'll make mistakes, learn from them, and maybe make those same mistakes all over again.

Be easy on yourself. Being imperfect and awkward is all part of your learning journey.

From dating and eating at Trinity to some pretty common first-year fears,

the Trinity Declassified provides some guidance you might not get elsewhere.

This is not a regular issue of the Trinitonian, Trinity's student-edited newspaper. However, I hope you'll become a regular reader of the campus newspaper during your time at Trinity.

You're in for a wonderful journey. Stay safe.

**Kayla Padilla**  
English & Anthropology  
Class of 2021



## *The Trinity community is here*

College: a place where you can create lasting friendships and a semi-unhealthy dependence on coffee. It provides a space to really delve into who you are as a person and what interests you. This remains true, even though things have changed to ensure student safety.

If you don't have a major in mind, don't worry about it. Take some courses that sound interesting, join some campus organizations, and talk to your professors and upperclassmen. Sometimes, you just have to roll with it and see where your interests take you. If you ever need help,

reach out to others. I am the type to try to solve problems on my own, but trust me when I say it is so much easier to ask for help (and the problem goes away much faster!). Office hours aren't as daunting as they may seem at first, so be open with your professors about your concerns and interests. The Trinity community is here to help you succeed.

While the circumstances for this semester are unique (and not exactly ideal), Trinity at its core remains committed to providing students with quality education and experiences.

We can't tell you what exactly the year has in store, but we can help you get your bearings through the Trinity Declassified. Inside you'll get to meet your new Residential Assistants, learn some Trinity lingo, find contacts for student success centers on campus, and more.

We hope that you'll discover your passions at Trinity and that this guide points you in all the right directions.

**Deanna Wilson**  
International Studies  
Class of 2021



The Declassified was created for new students by Arts, Letters, and Enterprise (ALE) summer interns Kayla Padilla and Deanna Wilson in collaboration with the Trinitonian.

Trinity's ALE program enables students to gain business literacy while pursuing majors in the humanities, arts, social sciences, or natural sciences.

Not all who contributed to this magazine are members of the Trinitonian staff.

Please send comments and suggestions for next year's insider's guide to Katharine Martin (kmartin1@trinity.edu), Campus Publications adviser.

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## A message from Student Government Association

New Friends,

I am writing to you during a very critical time in our lives. Much like the world around us, you are stepping into an unfamiliar environment that will inevitably be filled with obstacles that push and pull at your body and mind in ways you may not have experienced before. Some of you have left comfort zones that you have been accustomed to for almost two decades, and some of you have arrived here on campus ready to create a safe space of your own. Firstly, I encourage all of you to recognize the amazing journey that sits before you. Your senior year probably did not end in the way you expected it to, and starting college in a time like this may have added more anxiety to a plate that already feels full. Yet here you are, and we are glad that you are here.

You are now entering a community where you can find the tools, mentors, and peers you need to discover and define your own success. From ground-breaking scientific discovery to deep examination of society and identity, students' achievements and commitment to learning continue to drive Trinity forward. Here, you will find students deep into their college experience who have

carved out a path to success, and you may not understand how they did it. Ask them. You will find that it only took one club meeting, one conversation with a faculty member, one connection in Trinity's global network that gave them the inspiration and support that became integral to their success. Everyone in the Trinity community is in some way a teacher and a learner, and we are all excited to see the skills that you will bring. Now, I will not say that this journey will be without challenges or that you will carve your path right away. Though you are just beginning, know that when you face those challenging moments, you share much in common with those around you, including myself.

In short, don't hesitate to get involved. I invite all of you to share your ideas with SGA during our weekly Zoom meetings. I wish you the best of luck, and I will gladly be a resource if you ever need me.

**Jaelen Harris**  
jharris1@trinity.edu  
SGA President



## A message from Trinity Diversity Connection

Hello, Class of 2024 and Transfer Students!

Trinity Diversity Connection is a University Sponsored Organization that works to promote, educate, and advocate for diversity, inclusion, equity, and social justice issues on campus. We serve as a resource to cultural, religious, or otherwise marginalized organizations by collaborating with them and bolstering their voices with administrators. We also host interactive events and dialogues for students, staff, faculty, and alumni. This year, we are working to transition to more virtual programming, and we think it's especially important to get first-years involved in these talks early on to create sustainable change on campus.

As a USO, we're able to put on bigger events that have the potential to reach more people. In the past, these have included Taste of Diversity, Fountain Fridays, Friendsgiving, and the Unity Conference. We also use this privilege to uplift the visibility and voices of members of smaller cultural groups. We've previously partnered with Black Student Union, Indigenous People's Club, Trinity University Latino Association, Muslim Student Association, the Social Justice Peer Educators, and more. As members, we feel that it is important to do this work in collaboration and solidarity with our community in order to prioritize their voices, not ours. As

an organization, we are not afraid to take radical approaches in our education and action in order to uphold our mission.

Although much of our programming will be online this semester, we really hope to "see" you there. The problems being highlighted in our country today are not problems that go away when you step onto this campus.

TDC has always encouraged students to break the "Trinity bubble." We promote this growth through active education and meaningful action. This semester, our events will include dialogues about police brutality and abolition, collaborations with Outdoor Recreation to talk about whiteness in the outdoors, and workshops on how to be an ally. We hope you'll join us and get involved early on to make social change happen!

**Gabriella Garriga**  
ggarriga@trinity.edu  
TDC President



# You Belong Here

No matter your interests or background, there's bound to be a registered student organization (RSO) for you. Organizations provide community and lots of opportunities to develop skills and knowledge. Here, meet just four of the many student leaders at Trinity. Attend the upcoming Student Involvement Fair to meet other leaders and explore organizations.

## BLACK STUDENT UNION (BSU)

The Black Student Union is a student organization interested in maintaining and growing the Black community at Trinity. We are open to anyone interested in Black history, Black ideals, Black discussion, and Black culture. We work to create a social network for Black students and to educate the Trinity community about salient historical perspectives and issues that are relevant. We strive to support, collaborate, enlighten, and defend our Black community.

**Kirsten Iyare**  
kiyare@trinity.edu  
President of BSU



## FILIPINO STUDENT ASSOCIATION (FSA)

The Filipino Student Association invites you to become a part of our family. Having strong familial bonds is a very important aspect of Filipino culture. We share our unconditional love through food, music, art, knowledge, and community.

You don't have to be Filipino or speak any of the eight dialects; you just have to be ready to become part of a passionate community! We strive to educate ourselves about the Filipino culture, its diverse history, and current events in the Philippines.

In the Philippines, it's common to greet someone with "Have you eaten yet?" instead of "How are you?" I can't make any promises of a feast this year because of COVID-19, but in the past, we've enjoyed sharing our culture's delicacies with the campus. Filipino culture is heavily influenced by the food we make and eat, so there's always enough to go around. You could say food is our love language!

**Antonio Abarquez**  
aabarquez@trinity.edu  
President of FSA



## TRINITY UNIVERSITY LATINO ASSOCIATION (TULA)

My name is Thomás Peña. I am a junior and president of Trinity University's Latino Association (TULA). Latinx students make up roughly a quarter of the student body, so as president it is my job to ensure that our culture is celebrated on campus.

I invite all of you to check out our events and consider joining our organization. Throughout the years, TULA has organized events, such as our month-long celebration of Hispanic Heritage Month with events like Viva Las Americas and Latinx Cuisine Day, fall events like Dia De Los Muertos, and spring events like Primavera Fest and De Colores Graduation Ceremony. If you are interested in checking out TULA, be on a lookout for our bi-weekly meeting time. TULA welcomes everyone. Bienvenidos a todos/as/xs.

**Thomás Peña**  
tpeña@trinity.edu  
President of TULA



## PROMOTING RESPECT, INCLUSION, DIVERSITY, AND EQUALITY (PRIDE)

My name is Steven Drake (he/him) and I am the president of PRIDE, Trinity's LGBTQIA+ student organization. We aim to provide representation, foster a safe space, and amplify voices of LGBTQIA+ students. Our mission is extremely important to us because we understand how queer students' environments can quickly become precarious. We understand the specific struggles that LGBTQIA+ youth can endure and we are here to be a supportive group that uplifts and validates queer students.

Over the years, PRIDE has held events like queer faculty and student mixers, a National Coming Out Day Picnic, movie screenings to help spark conversation and educate while entertaining, frequent rollerskating at The RollerCade, Lavender graduation ceremonies for graduating queer students, and, finally, the establishment of a Gender Inclusive Hall that is available for sophomores, juniors, and seniors.

Of course, given the new world we find ourselves in, a lot of these events are not going to be the same. Nevertheless, PRIDE is committed to providing spaces for our queer students on campus and we are always here to support you in your journey.

**Steven Murff Drake**  
smurff@trinity.edu  
President of PRIDE



## A message from Greek Council

Our names are Jack Garrett and Olivia Littlefield, and we are the Trinity Greek Council co-chairs for this upcoming semester. A little background about us: Jack is a junior English and business double major and a member of Triniteers; Olivia is a senior biology major and a member of Gamma Chi Delta.

We are excited to welcome you to Trinity University and hope you will consider joining the Fraternity & Sorority Life community. The four pillars which represent our community are camaraderie, leadership, scholarship and service. Greek life comprises 14 organizations (seven fraternities and seven sororities) and 550 members. This makes up about 23 percent of the student body here at Trinity.

All of the 14 organizations are local, which means if you are a part of an organization here at Trinity it is exclusive to this campus only. This makes this community, in particular, a one-of-a-kind experience with a very involved alumni base.

A little bit about Greek Council: We are the University Sponsored Organization that is responsible for governing Greek life on campus. We have 10 members representing both fraternities and sororities here on campus, and we are here to help the community grow and flourish.

We hope you consider joining one of our 14 amazing organizations and find your home here at Trinity! If you have any questions don't hesitate to reach out to us.

**Jack Garrett**  
jgarret1@trinity.edu  
Greek Council Co-chair



**Olivia Littlefield**  
olittlef@trinity.edu  
Greek Council Co-chair



### Types of Student Organizations ...as explained in the Student Organizations Handbook (policies.trinity.edu)

Trinity University supports the right of students to freely associate in recognized groups.

#### Registered Student Organizations

Registered Student Organizations (RSOs), inclusive of fraternity and sorority organizations, are established by students for the purposes of the students who join these organizations. Individual student groups may request student activity fee support for one-time events and initiatives.

#### Fraternity & Sorority Organizations

Fraternities and sororities refer to the social, Greek-lettered organizations on campus. These organizations are defined as single-sex, selective, and fulfill the Greek pillars of leadership, scholarship, camaraderie, and service. Membership cannot be held in more than one organization at the collegiate level.

#### University Sponsored Organizations

University Sponsored Organizations (USOs) are specifically charged by the University to advance goals aligned with the University's mission and values or with purposes set forth in the University's Statement on Student Rights and Responsibilities. USOs receive student activity fee allocations, as well as tax-exempt status and legal protections based on their close relationship with the University.



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# GET INVOLVED

## HOW DO I GET TO KNOW WHAT CAMPUS ORGANIZATIONS ARE AT TRINITY?

There are many groups on campus to join! To learn about potential opportunities, attend the Student Involvement Fair :)

## WHAT IS THE STUDENT INVOLVEMENT FAIR?

The Student Involvement Fair is where University-Sponsored Organizations (USOs) and Registered Student Organizations (RSOs) come together in order to provide information about their clubs. This way, students are able to get in contact with student leaders and explore their options. These clubs range from social fraternities and sororities and honor societies to cultural groups, academic interest groups, and other out-of-the-box ensembles!

The student involvement fair will be in two parts:

- 1 INTRODUCTION VIDEOS MADE BY EACH ORGANIZATION ARE AVAILABLE AT [TINYURL.COM/TUSIF2020](https://tinyurl.com/TUSIF2020) IN YOUR SPARE TIME, BE SURE TO PREVIEW THE CLUBS THAT TRINITY HAS TO OFFER!
- 2 TUNE IN TO VIRTUAL LIVE FAIRS, ORGANIZED BY GROUP TYPE! POP IN AND CHAT WITH THE ORGANIZATION'S LEADERS DURING THESE MEET-AND-GREET SESSIONS. INTERACT WITH STUDENT LEADERS AND ASK THEM QUESTIONS ABOUT THEIR CLUB!

Join as many organizations as you want, follow their social media accounts, get into their groupme, and get on their email lists.

do not feel pressured to stick to all of the clubs you sign up for. get to know the ones you may be interested in, then pick a couple to invest yourself in. take it easy and don't overextend yourself. there is plenty of time to figure yourself out.

Try something out of your comfort zone! There is no better time to figure out what makes you happy. And that might just surprise you!

Tigers!

is trinity missing an organization you want to see? start it!  
 Visit the [Student Organization Petition Process page](#)  
 or email [getinvolved@trinity.edu](mailto:getinvolved@trinity.edu) to make your club official!

Follow the Student Involvement Instagram for more info and updates :

@getinvolvedtrinity



# Trinity Translate

written by **KAYLA PADILLA**

Welcome to campus, Class of 2024 and transfer students! You may feel uneasy thinking of the changes that have been made to your first-year experience, but you should find comfort in knowing that a lot hasn't changed at all. Below you'll find a guide to the most important lingo you'll need to navigate Trinity like a pro.

## WHAT YOU HEAR



## WHAT IT MEANS

### First-years



You may be tempted to call yourself a freshman. After all, the term is so deeply embedded in our culture, but not so quick! Here at Trinity, we call students embarking on their first year of college "first-years." Trinity made the switch a while ago and we haven't looked back since! Do keep in mind, however, that there are no second, third or fourth years. Instead, once you've completed your first year at Trinity, you will become a sophomore, then a junior, then...a senior! Oh, to be a first-year.

## WHAT YOU HEAR



## WHAT IT MEANS

### Bonus Bucks



As a first-year, you typically get a very limited number of Bonus Bucks with your meal plan. These can be spent at the Commons, POD, and other places around campus. Although it's tempting to try to budget them, the truth is you'll always end up with too many or too little. Here's a pro-tip: Befriend a junior or senior with the junior/senior meal plan and before you know it, you'll be living in Bonus Bucks paradise.

## WHAT YOU HEAR



## WHAT IT MEANS

### Tiger Card



Hold onto your Tiger Card as if it holds your entire life, because it does. From dining at Mabee and opening your residence hall to buying snacks from the POD, losing your ID card will leave you looking at other students' Einstein bagels in jealousy. Don't fret too much though, the Tiger Card Office located in Storch Memorial Building will make you a new card for \$25. If you know you've left your card in your residence hall, you can get a temporary replacement.

## WHAT YOU HEAR



## WHAT IT MEANS

### Cardiac Hill



Nothing can take your breath away like a sprint up Cardiac Hill once you've realized you're 20 minutes too late for your FYE class. With your book bag bouncing up and down, your hair messily put together, you'll have calves of steel from climbing Cardiac Hill. If you dare.

## WHAT YOU HEAR



## WHAT IT MEANS

### LeeRoy



LeeRoy can refer to either Trinity's official tiger mascot or the newsletter students receive in their inbox every week day. The newsletter includes information about upcoming lectures, cultural meetings, and other events going on that may be of interest to you. Plus, there's always a fun fact at the end.

WHAT YOU HEAR		WHAT IT MEANS
The POD		 
<p>The POD is where you can purchase a quick snack with your Bonus Bucks. It's attached to Mabee Dining Hall. Over the years, the POD has expanded its inventory to include snacks, meals, and even cleaning and school supplies!</p>		

WHAT YOU HEAR		WHAT IT MEANS
TU Snaps		 
<p>TU Snaps is the unofficial page for Trinity discourse. From occasional nude photos to harsh discourse and name calling, TU Snaps might not be for everyone.</p> <p>P.S. Don't even try to figure out who the admin of the account is; none of us knows.</p>		

WHAT YOU HEAR		WHAT IT MEANS
Trinicats		 
<p>Notice you see the same cats pretty frequently on Trinity's campus? Those are Trinicats! They each have their own names and personalities, too.</p>		

WHAT YOU HEAR		WHAT IT MEANS
Murchison Tower		 
<p>The T. Frank Murchison Memorial Tower, better known as "Murchison Tower" or "the Tower" by Trinity students, has been a campus landmark since 1964. The Tower was designed by architect O'Neil Ford, a name you'll hear during your time as a student. The bells of Murchison Tower will soon become familiar to you. Between 8 a.m. and 10 p.m., the bells will tell you the hour (listen for a short sequence of tones, followed by deeper tones counting out the hours) and tell you when another 15 minutes has passed (listen for just a short sequence of tones and decide whether maybe it's time to end your study break and get back to your research). The bells also mark special occasions.</p>		

WHAT YOU HEAR		WHAT IT MEANS
Cat Alliance		 
<p>Love cats? Want to see the Trinicats thrive? Consider joining the Cat Alliance! The Cat Alliance is the campus organization that feeds the Trinicats and ensures that they are safe and healthy. We won't tell your pets back home that you have new furry friends.</p>		

WHAT YOU HEAR		WHAT IT MEANS
Tower Climb		 
<p>Trinity students traditionally climb the Tower during their Orientation and, again, before they graduate. As with a lot this fall, the Class of 2024 will follow the foot steps of those who've gone before—but in ways no one imagined this time last year.</p>		

WHAT YOU HEAR		WHAT IT MEANS
The Commons		 
<p>Located in Coates Student Center, The Commons already offered Taco Taco, Freshii, and a restaurant that changes with the day. Rumor has it, on-campus students will inaugurate newcomer Sandwich Shack this fall.</p>		

# San Antonio Translate

Now that you feel more comfortable with Trinity lingo, you can familiarize yourself with the lingo of broader San Antonio.

**WHAT YOU HEAR** ↔ **WHAT IT MEANS**

Selena Quintanilla 

Better known as Selena, the late singer left an impact that can be felt throughout Texas, including San Antonio. You'll hear her music, see her face painted on murals, and feel the presence of her impact all throughout the city.

**WHAT YOU HEAR** ↔ **WHAT IT MEANS**

Go Spurs Go 

San Antonians are proud of their basketball team, so expect to hear this phrase throughout your time at Trinity. Actually, expect to hear it, see it painted on walls, emblazoned on T-shirts, and even hanging from the Trinity Tower.

**WHAT YOU HEAR** ↔ **WHAT IT MEANS**

Food Truck on St. Mary's 

Otherwise known as Tacos El Regio, this food truck is essential to the Trinity experience. You'll hear students talk about how delicious the truck's tacos and elote are, but the menu is much more expansive than that. You'll have to check it out for yourself.

**WHAT YOU HEAR** ↔ **WHAT IT MEANS**

Fiesta San Antonio 

Fiesta is a yearly celebration that began in 1891 as a way of commemorating the soldiers of the Battle of the Alamo and the Battle of San Jacinto. "Going to Fiesta" translates to attending any of the many parades, contests, pageants, and food-fun-beer street parties scheduled for ten days in April. Last spring, due to the threat of COVID-19, Fiesta was delayed until November. Then, Fiesta 2020 was cancelled altogether. Here's hoping for the best celebration ever in 2021.

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## TOP FEARS FOR FIRST-YEARS

written by **NATALIA SALAS**

No matter how much you prepare for college, you're bound to have questions that, if left unanswered, may become fears. Here are some common first-year fears and how to work through them, from a senior who was once in your shoes.

### What if I don't know anyone else going to Trinity?

That is absolutely OK. Not knowing very many people before I came to Trinity ended up being a saving grace because it forced me to introduce myself to people. Of course, you will be doing this anyway, but not having the safety net of a familiar face will almost guarantee you get out of your comfort zone which can be a really good thing. On my first day, I had no one that I knew well enough to cling to, so I had to meet new people. I hadn't been an active participant in the group chats that started forming before Move-in, so I was terrified that I would get to campus and everyone would already have their friend groups cemented and not really be looking for new friends. This wasn't true at all. In these situations, it's easy to feel that it'll be hard to make friends but remember that everyone around you is brand new to this environment so they are willing to get to know you.

### What if I don't know what clubs to join?

When you first start at Trinity, there is so much information being thrown at you from all directions it can feel very overwhelming. You might be bombarded with options of clubs to join or organizations to look into. Join as many or as few clubs as you would like. This is very much up to you. If you want to check out a bunch of different clubs and see which work best for you, go for it. If you would rather not jump right in and take time to adjust to college first, that's fine too.

### What if I get homesick while on campus?

There will be times where you feel far from home and miss it, especially if you have never experienced an extended time away. This is extremely normal during your first semester of college. There are plenty of ways to stay connected with your friends and family back home, although this isn't a catch-all

solution. It's good to stay in touch with people while still allowing yourself to experience your new environment. These are particularly stressful times, so be patient with your parents and check in with them once in a while!

### How will I start college during a global pandemic?

For this one, I don't have many answers. Just know we will all be adjusting with you. I hope that you can have as close to a "normal" first-year experience as possible, but the truth is it simply won't be. You are in a new city with new people and, on top of that, dealing with a global health crisis at unprecedented levels.

Always remember that those around you are experiencing just as abnormal circumstances as you are. Because of this, I urge you to take it one day at a time. We're all in the same boat. I hope that you meet new people, make new friends, and explore this city, but always remember to do it safely.


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# SEPTEMBER

## NOTES

• Write in times for classes, meetings due dates

• "Create a class schedule, calendar, & planner. If you keep track of your assignments in order & plan everything as detailed as you can, then you will be successful in anything you do. Also, sleep for at least eight hours."

-Ameer Mustafa, Sophomore, RA

• There's even a bullet journal club!

• Email Becca Burt (rburt@trinity.edu) for advice on time management & test preparation.

• Email Ann Jumonville Graf (Ajumonvi@trinity.edu)

• Other librarians for other disciplines

• Send general library questions to asklib@trinity.edu

• Email Jessica Reyes (jreyes2@trinity.edu)

• More general student accessibility sas@trinity.edu

• Contact QRS Director Luke Tunstall (stunstal@trinity.edu)

• Search "Academic Support" on TU site for tutoring schedules for specific subjects or email jrowe@trinity.edu

## MONDAY

# 7

• 11:30-12:00 HUMA FYE

• SET UP PLANNER

• 2:45-4:00 BIO

• SEND EMAIL TO SET UP MEETING WITH ACADEMIC COACH TO LEARN STUDY STRATEGIES

## TUESDAY

# 8

• 9:45-11:00 PHYSICS

• 11:30-12:00 FYE

• TALK WITH LIASON LIBRARIAN ABOUT SOURCE FOR FYE RESEARCH PAPER

• CONTACT STUDENT ACCESSIBILITY SERVICES ABOUT ELIGIBILITY FOR TESTING ACCOMODATIONS

## WEDNESDAY

# 9

• 11:30-12:20 FYE

• GET HELP WITH PHYSICS HW FROM QUANTITATIVE REASONING & SKILLS CENTER

• 2:45-4:00 BIO

• BIO TUTORING

# LEEROY'S PLANNER

## THURSDAY 10

## NOTES

- 9:45-11:00 PHYSICS
- WRITING CENTER - FEEDBACK ON FYE PAPER
- 11:30-12:20 FYE
- 8:30-9 FLOOR MEETING

• Can help at any step in the writing process  
Also help with applications writing in addition to academic papers

• "Be fair with yourself. You really don't have to have life figured out during your first semester. It's honestly better if you don't, because then you limit yourself to so much that could be."  
-Jesus Lozano, Senior, RA

## FRIDAY 11

- 11:30-12:20 FYE — **PAPER DUE!!**
- CONTACT ITS ABOUT FREE TV ACCESS & SOFTWARE
- 2:45-4:00 BIO
- FIND OUT FYE OFFICE HOURS FOR NEXT WEEK

• Microsoft Office for Monday's PowerPoint  
• HBO for this weekend  
• Email [helpdesk@trinity.edu](mailto:helpdesk@trinity.edu)

• Check course syllabus for times and meeting info

## SATURDAY 12

- LAUNDRY DAY
- ECO ALLIES EVENT



"Trinity is a place to explore your interests and do the things YOU want to do. At the same time, Trinity is rigorous and you have a limited amount of time to spend doing other things. Prioritize the things you love and that interest you - and don't be afraid to say no to the things you don't."

-Andrew Walker, Sophomore, RA

## SUNDAY 13

- 5:30-7:30 GROUP PROJECT

• Meet via Zoom and Google Drive

# A Q&A With First-Year Advisors

Lapétra Bowman - Advising Coordinator



**Q:** Can you give us some background information about yourself?

**A:** I am originally from France and came to the U.S. with my grandmother in 1985. My French culture is very important to me, so it is important for me to remain true to my background as much as possible. I have a bachelor's degree in English, a master's degree in English, & a doctorate in comparative literature with a focus in Chicana, Latina, and Caribbean women's writing.

**Q:** What do you enjoy doing during your downtime? Any hobbies?

**A:** I love to cook, garden, hike, swim, & host dinner parties for friends. My husband & I are foodies, & we love delicious dining experiences around San Antonio, as well as traveling.

**Q:** Hot take: Flaming Hot Cheetos, Takis, or neither?

**A:** Neither...Chocolate Croissants & Chocolate Eclairs.

**Q:** Best musical artist/music genre?

**A:** My favorite band is The Cure! I've seen them six times in concert (in fact, my first time seeing them in concert was the morning of my SATs in 1992).

## Sinclair Ceasar



**Q:** Which degree programs do you advise for?

**A:** Biology, biochemistry, chemistry, physics, neuroscience, computer science, and pre-med.

**Q:** Can you give us some background information about yourself?

**A:** I have a master's in leadership from Rosemont & a bachelor's in communication with a minor in marketing from Saint Peter's. I have lived in Oregon, Florida, Spain, New York, New Jersey, Pennsylvania, & Maryland. I'm an advocate for ending mental illness stigma. I recently moved from Baltimore to San Antonio with my wife & our 17-month-old daughter.

**Q:** What do you enjoy doing during your downtime? Any hobbies?

**A:** I'm currently on season three of "Avatar: The Last Airbender" (for the first time), I enjoy doing improv, I've watched the entire series of "The Office" three times, and I recently discovered the "Crime Junkies" podcast.

**Q:** Hot take: Flaming Hot Cheetos, Takis, or neither?

**A:** Ruffles Sour Cream & Cheddar Chips are the best of all time. Don't @ me.

**Q:** Best musical artist/music genre?

**A:** Current artists on heavy playlist rotation: Sunday Service Choir, J. Cole, Michael Jackson, Avenue Beat, Usher, Amerie, Kanye West, Israel Houghton & New Breed, & Bri Babineaux.

## Soleil Gaffner



**Q:** Which degree programs do you advise for?

**A:** Humanities and social sciences/STEM (science, technology, engineering, math).

**Q:** Can you give us some background information about yourself?

**A:** I'm a recent Trinity grad who majored in communication & Spanish with a minor in international studies.

During my time at Trinity I took courses in several different disciplines while trying to find my niche. I also spent my four years heavily involved in the Trinitonian & my on-campus job. After graduation, I gained experience in the nonprofit sector as a college access advisor & grant writer. I'm excited to come back to the Trinity community & continue learning!

**Q:** What do you enjoy doing during your downtime? Any hobbies?

**A:** As a communication major, I gained a deep appreciation & love for television & movies. I was very close to a film studies minor!

**Q:** Hot take: Flaming Hot Cheetos, Takis, or neither?

**A:** Takis!

**Q:** Best musical artist/music genre?

**A:** If April 2020 had turned out better, I would have gone to my third Maggie Rogers concert.

## Jennifer Reese



**Q:** Which degree programs do you advise for?

**A:** Engineering science, the school of business, mathematics, and mathematical finance.

**Q:** Can you give us some background information about yourself?

**A:** I have worked for Trinity University for 17 years and have helped students in many different ways. I have a bachelor's degree in business administration with a major in marketing and a master's degree in business administration.

**Q:** What do you enjoy doing during your downtime? Any hobbies?

**A:** Chasing after my four-year-old daughter, Layla, keeps me happy & busy most days. I have also been attempting to produce my first quilt, still a work in progress.

**Q:** Hot take: Flaming Hot Cheetos, Takis, or neither?

**A:** Neither. Nacho Cheese Doritos are my favorite!

**Q:** Best musical artist/music genre?

**A:** Any—I love listening to all types of music. However, recently it has been mostly Disney Music.



# Textbook case: Keep your safety in mind

written by **Noelle Barrera**

For incoming students, college may be a lot to get used to, especially this year when classes and extracurricular activities will look very different due to COVID-19. Jonathan Dougherty, visiting assistant professor of biology and instructor of a class called “Infectious Diseases” this fall, has advice for students about how to make the best of this unprecedented season.

“I would say, keep your safety in mind when you come back to school for the first time. If you’re coming to class in person, make sure you’re observing the guidelines—wear face coverings, at least in San Antonio right now that’s mandated,” Dougherty said. “I used to like to go to the library with one or two friends and sit at a big table and study. Adapt your study habits to keep yourself safe.”

Dougherty said students should get their news from multiple trustworthy sources, and he encouraged students to consider the pros and cons of attending classes online versus in person.

“It may be worth taking a class remotely to minimize your exposure,” Dougherty said, urging students to weigh the size of the class against the in-person experience. “Take the appropriate precautions, each student should be finding a balance. Make sure if you ever feel ill, don’t go to class, go get tested.”

Dougherty will be teaching a class on infectious diseases—a sophomore-level biology class, satisfying a global health requirement for

anthropology majors—this fall. The class curriculum has been slightly revised to fit the questions and concerns students may have in 2020, as the pandemic continues.

“The class starts with an introduction to basic diseases and how pathogens spread, which everyone in the country is now an expert on. We talk a little about flu, Ebola—which is my background—but we will definitely go into some of the history of COVID-19, how it spread, some of the interventions and things that have worked and haven’t worked.” Dougherty said.

“We will also have an interview with an ICU pulmonologist, actually my brother who works in a COVID unit in a hospital, to give students access to front-lines information,” Dougherty said.

Dougherty hopes COVID-19 cases will decrease later this year and in the upcoming spring semester; however, he emphasized that everything is in flux.

“In the spring (2020), the Center for International Engagement (CIE) put together a panel, and I talked about the new normal, where, until there is an effective, widespread vaccine or immunization program, face coverings and social distancing will be the new norm for the rest of the year,” Dougherty said. “If we as a country are really good about that, I think that the trends will start to go down. The shutdown showed that. It’s up to us, but with some help from Trinity, as the University administration will have guides and restrictions for returning to campus.”

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**CLAS 1305** - Classical Myth TR - 9:55-11:10 or  
Pathways: Humanities (HU) TR - 11:30-12:35

**CLAS 1307/HIST 1311** - Gender and Identity in the Ancient World TR - 2:10-3:25  
Pathways: Humanities (HU); **Gender, Sex and Society** Interdisciplinary Cluster

**CLAS 1309/ANTH 1309** - Pirates, Merchants, and Marines MWF 1:30-2:20  
Pathways: Social/Behavioral Science (SBS); **Life in the Ancient World** Interdisciplinary Cluster

**CLAS 1315** - Afterlives in Antiquity TR - 2:10-3:25  
Pathways: Humanities (HU); **Death and Beyond** Interdisciplinary Cluster

**LATN 1401** - Elementary Latin I MWF - 9:30-10:20



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- No.
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- I feel weird.
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OF COVID-19**

## I PLEDGE TO:

### ACKNOWLEDGE our new reality

- Adapt to campus changes and recognize activities will resume gradually
- Remain flexible as public health recommendations evolve
- Respect each individual's concerns regarding COVID-19

### Hold myself ACCOUNTABLE

- Monitor and report COVID-19 symptoms daily
- Wash my hands often with soap and water, or use hand sanitizer
- Practice proper cough/sneeze etiquette and avoid touching my face

### Take ACTION

- Practice social distancing by staying 6 feet apart from people I don't live with
- Wear a mask in spaces where social distancing is not possible
- Stay home if I am ill or experiencing symptoms of COVID-19

As individuals in the close-knit Trinity community, it is important that we recognize the impact we have on campus and beyond to prevent the spread of COVID-19.

It is imperative for all of us to do our part. Together, we can **PROTECT<sub>TU</sub>**

[gotu.us/covid19](http://gotu.us/covid19)

## Two Truths & a Lie with First-Year RAs

Get to know your RAs and see if you can spot the lie!

### Christian Brewster

Junior | Anthropology | Austin, TX  
*Mirage Photographer.*

My right foot is smaller than my left foot | I've only left the country once | I've never broken a bone



### Aidan Carr

Junior | Theoretical Econ & Math | Prosper, TX  
*Quantitative Reasoning Center Tutor & Honor Council Member.*

I've lived in 5 different states | I have a twin | I have a Great Dane



### Mariel Clark

Junior | Communication | Irvine, CA  
*Women's Club Lacrosse Team Co-Captain & TigerTV Production Manager.*

I lived in Australia for 2 years | I've been skydiving twice | I hiked Mount Kilimanjaro



### Amia Cressman

Junior | Psychology & Spanish | Ribera, NM  
*Bell Center Gym Monitor.*

I play the Oboe | I know how to ride a motorcycle | I love to dance



### Lilian De La Rosa

Senior | Sociology | Houston, TX  
*Student Programming Board Assistant Director & Saturday Morning Experience Mentor.*

My major & minor haven't changed | I've been to the Starbucks 4 times in 1 day | I've visited 13 countries



### Nicholas Demonteverde

Junior | Mathematics & Econ | Glendale, CA  
*Men's Club Ultimate Team Member & TU Network Camera Operator.*

I walked before I could crawl | I have broken a total of 6 fingers | I rescued a baby tortoise



### Basi Desta

Senior | Economics | Houston, TX  
*Trinitones a capella Group, Trinity Chambers Singers Member, & African Student Association Officer.*

I'm bilingual | I own more than 10 sneakers | I've been to Africa, Europe, & Asia



### Kyle Ellenberger

Junior | Political Science | Austin, TX  
*Trinity Distinguished Representatives, Admissions Department Member, & Alpha Phi Omega VP.*

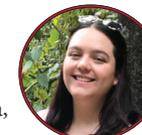
I've been to Iceland | I'm a cat person | I have an ant allergy



### Dani Gonzalez

Junior | Neuroscience & Psych | Mexico City, Mexico  
*Phonathon Caller & TWIST's STEMpower Officer.*

I've injured my wrist/hand more than 10 times | I'm weirdly good at imitating Scottish & Argentinian accents | I've lived half of my life in Bogotá, Colombia, & the other half in Mexico City, Mexico



### Sarah Hash

Junior | International Studies | Houston, TX  
*InterVarsity, Young Life, & Tigers For Life Participant.*

My favorite food is butter | I've surfed in Costa Rica & Indonesia | I'm currently serving as the kids pastor at my church in San Antonio



### Jonathan Hernandez

Sophomore | Biochem & Molecular Bio | Cypress, TX  
*ASBMB, AMSA, Maeber Lab Member, & Intro Chem Tutor.*

I'm addicted to Pamplemousse La Croix | I play both piano & trumpet | My favorite show is Grey's Anatomy



### Lexie Johnson

Sophomore | Urban Studies & History | Washington, DC  
*Alpha Chi Lamda, Trinity Art Collective, & YDSA Member.*

My friend slept over in Obama's White House | I saw Tyler the Creator & Vince Staples for free at Madison Square Garden | I once drank glow stick juice



### Meyer Blaine Maddox

Junior | Neuroscience, Pre-Med | Dresden, TN  
*HOPE Hall Director, American Medical Student Association VP, & Sigma Theta Tau Member.*

I love to cook | I danced in a pre-professional ballet company for 10 years | I grew up on a farm



### Patrick Kelly

Junior | BAT, Econ, & Spanish | Houston, TX  
*TU Chamber Singers, Trinitones, Academic Honor Council Member, University Tour Guide, & Spanish Writing Tutor.*

I have an identical twin | Monsters Inc. is my favorite Disney movie | I was born in Michigan



### Leah Marsh

Sophomore | Psychology | Austin, TX  
*Sigma Theta Tau, Reformed University Fellowship Member, Saturday Morning Experience Mentor, & TEACH Club Officer.*

I was born in New Jersey | I have never eaten a hamburger | I want to be a Special Education teacher



### James King

Sophomore | Accounting | Dallas, TX  
*Academic Honor Council, Delta Sigma Pi, Omega Phi, & TUGaming Club Member.*

I invited Laura Bush to read her book to my class in 2nd grade & she came | I have 3 metal rods in my body | I got an A+ in HUMA.



### Ameer Mustafa

Sophomore | Finance & Spanish | Houston, TX  
*Football Team Member.*

I've performed at an arts festival for over 100 people | I was in an a capella group | I taught myself how to play the accordion



### Helen Liang

Sophomore | Accounting | Sugar Land, TX  
*Trinity Diversity Connection Treasurer, "A Successful Life" FYE Peer Tutor, & Trinity Student Ambassador.*

I had a hedgehog as a pet | I have 3 black belts in 3 different kinds of Martial Arts | I competed in golf tournaments in HS



### Brandon Niday

Sophomore | Political Science & Econ | La Vernia, TX  
*FYE Climate Changed Peer Tutor, Omega Phi, & International Humanitarian Crisis Initiative Member.*

I have 5 pets | I was born on George W. Bush's Inauguration Day | I've been to the United Kingdom



### Jesus Lozano

Senior | Communication | Houston, TX  
*Student Programming Board Member & Admissions Communication Intern.*

I've played music in front of over 10,000 people | I've travelled to London | The only instrument I know how to play is the Guitar



### Jenny Njowo

Junior | Sociology, Pre-Med | Houston, TX  
*University Tour Guide, Student Athletic Trainer, African Student Association VP, Black Student Union Member, & Reformed University Fellowship violin Player.*

I got a ticket the first week I had my drivers license | I speak 4 languages | I am the youngest of 4 siblings



### Maggie Lupo

Senior | Psychology | Austin, TX  
*Student Ambassadors, Film Club Founder, Psych Club Officer, & TU Wind Ensemble Member.*

I play the flute | I have 2 sisters | My favorite flavor of ice cream is mint chocolate chip



### Sophia Patterson

Sophomore | Anthropology & French | Sewanee, TN  
*Academic Honor Council Member, Anthropology & Sociology Society Secretary, & FYE Peer Tutor.*

My favorite book is Moby Dick | I've lived in 2 African countries | I have a younger brother



## Amy Platter

Junior | Neuroscience & Econ | Amarillo, TX  
*TUFit CoPresident, Dance-Fitness Instructor, & a Stumberg finalist as CoFounder of Thoughtful.*

I can play clarinet while hula-hooping | My favorite vegetable to throw is Bok Choy | I have an autograph from the Weatherman of the Weather Channel



## Brette Thornton

Sophomore | Accounting | Rockwall, TX  
*Sports Information Assistant & Volleyball Team Member.*

I'm 6 feet tall | I am an only child | I don't like pretzels



## Samantha Rodriguez

Junior | Biochem & Molecular Bio | Portland, OR  
*Member of the Women's Soccer Club.*

I love boba tea | I love hiking | I love spicy food



## Robert Torrance

Sophomore | Business Finance | Upland, CA  
*Intramural Soccer Team & Video Game Club Member.*

I am Chinese | I have swum with sharks | I am a semi-pro surfer



## Emma Ross

Sophomore | Mathematics | Kansas City, KS  
*Calculus 1 Peer Tutor, Track & Field Team, RUF, & IHCI Member.*

I've given a 40-minute Product Export Model presentation entirely in Spanish | I visited the ER in 3 different countries in 1 week | I love all things mint



## Andrew Walker

Sophomore | Sociology & PoliSci | Houston, TX  
*Trinity University Players Member & Intervarsity.*

I have lived for the majority of my life in Central Asia | I own 5 different types of drums (but not an actual drum set) | I prefer The Office to Parks and Rec.



## Bene Snyder

Junior | Business, Analytics, & Tech | Burbank, CA  
*Softball Team & Intramural Dodgeball Member.*

I love thrifting | I high-fived Jeff from The Wiggles | I have 9.5 toes



## Matthew Willis

Senior | Engineering Sciences | Granbury, TX  
*Football Team, FCA, Track Team, & AIChE Member.*

My family raises goats | I am on the football team at Trinity | I have never been outside of the country



## Hannah Spencer

Junior | Accounting | San Antonio, TX

I have a twin sister | I'm the first person in my family to attend college | Immunity by Clairo & Ctrl by SZA are my go-to no-skip albums



## Cannon Wilson

Junior | Math, Econ, & Math Finance | Amarillo, TX  
*TU Fit Co-President, Dance Fitness Instructor, & a Stumberg Finalist as Co-Founder of ThoughtFull.*

My favorite food is cold chicken nuggets | I don't have a driver's license | I have lost 4 credit cards throughout my life



## Riley Tacquard

Sophomore | Undecided | Santa Fe, TX  
*Catholic Student Group Member.*

I can wiggle my ears | I've broken both of my arms | I have 4 younger brothers



## Maria Zaharatos

Junior | Political Science | Houston, TX  
*Swing Bums Officer, Spanish Department Tutor, & TUPS member.*

I compete in dance competitions | I used to be an English major | I have 2 dogs



# Take time to love at Trinity

written by **Kayla Padilla**

Living in a new environment means you'll inevitably meet people who may spark your interest. You may feel you have to rush to have wild "college experiences," but the truth is you should take the time you need to figure yourself out.

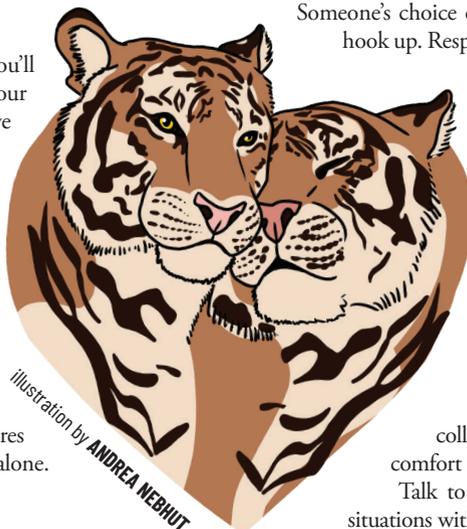
Here are some tips from me, the Trinitonian's former love advice columnist.

### Allow Yourself to Grow

We may come into college believing we know everything about ourselves, but that is almost never true. Feelings can be confusing, and coming to terms with your sexuality requires self-acceptance and self-love. Know you're not alone.

### Consent, Consent, Consent

Always practice consent. With every interaction you have with someone, sexual or not, consent is important in respecting each other's boundaries. If you have to convince or beg someone to have sex with you, kiss you, or do anything else with you, that's not consensual.



Someone's choice of clothes or drunkenness is not an invitation to hook up. Respect everyone around you and respect their decision when they tell you no.

### Exes, You'll See Them Around

Young love is exciting and spontaneous, as it should be. It can also be awkward when you have to see last night's hookup in your FYE class the next morning. Love can be a beautiful thing, except for, you know, when it ends and you're stuck seeing your ex around campus until graduation.

### Breathe, It Will Be OK

There's no "right way" to navigate dating in college. Going at your own pace and assessing your comfort levels are vital to your well-being.

Talk to someone. Talk to your friends. Talk about your situations with one another. You don't have to go through any of the awkwardness of college dating alone. Remember your friends when you're madly in love, not just when you have a broken heart. Love yourselves as you would love those around you. Lastly, don't fight against your intuition; the heart wants what it wants.



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“What matters is the information, not what you think about it.”

~Anna Politkovskaya

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written by **JOSH ANAYA**

*Content warning: mentions of eating disorders and food insecurity*

College serves up a steady diet of independence. Among other decisions, you'll be deciding when to eat, how much to eat, and who your dining partners will be. Below you'll find advice for navigating eating at Trinity.

Homework and opportunities to participate in clubs and extracurriculars, as well as new friendships, take time. Prioritize yourself. If you find you are struggling to eat regularly, consider adjusting your schedule.

Friends can be great for holding you accountable for meals. We all have to eat, right? Have a loose schedule for meals with friends.

Limited access to dining spaces because of the threat of COVID-19 this semester means you and your friends will have to be creative: Plan Zoom meal times! You'll get to see each other while staying safe. When time permits, have socially distanced picnics.

Though you may have to wait until another semester to try it, you'll enjoy a meal and learn new skills when you cook with friends either in a residence hall kitchen or an off-campus apartment.

Sometimes your friends' schedules won't match yours. Eating alone is completely normal. You can spend the time however you want. Have extra homework? Want to catch up on a show? Want to listen to a new album drop? Do what makes you happy in that moment with no one watching.

Many students bring dietary needs or requirements with them to college. The Dining Services pages on the Trinity website provide contact information for requests and suggestions.

What to eat and how much isn't always obvious. Katherine Hewitt, Trinity's wellness coordinator, can connect you with a registered dietician who can help you with meal planning and nutrition information.

Following my advice will need extra work if you, like me, will be eating at Trinity while struggling with or recovering from an eating disorder. I've found a community of friends who support me, and I've found ways to make my eating disorder less detrimental to me while also supporting those close to me who also struggle. I suggest giving yourself time and space to recover. Setting boundaries with yourself and with others is a healthy practice to help balance out more than just your eating habits.

Practice positive affirmations. It's important to let yourself know that your eating habits do not define you in any way. You deserve to be kind to yourself. Or, if someone is to open up to you about having an eating disorder, be there for them. Affirm that they aren't alone and that you will be there for them if you are able to be.

Try to set a meal schedule for yourself. Practice eating three meals a day, whenever you're hungry. Try to place these meals in morning, afternoon, and evening slots so that you feel more consistent with your eating.

Healthy food, cooking, and making time for yourself to eat are methods of self-care and structuring to center yourself and your wellbeing. We all deserve to feel comfort and love. Eating well is part of preserving our strength in a society that fosters insecurity. We shouldn't lose sight of that.

Finally, food insecurity—lack of reliable access to affordable, nutritious food—can raise stress levels and contribute to disordered eating and or sleeping patterns. Be sensitive to needs in our own community. You may decide to join others advocating for food security for everyone.



Dear New Students:

Welcome to Trinity University! You are about to begin one of the most exciting times in your life, and I want you to know that the School of Business faculty and staff are here to provide you guidance and support to ensure your success.

The School of Business, located in Chapman Center on the 3rd floor, houses our three academic departments: Accounting, Business Administration, and Finance and Decision Sciences, and we offer the following programs:

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**Bachelor of Science in Business Administration (concentrations in Management or Marketing)**  
**Bachelor of Science in Business Analytics and Technology**  
**Bachelor of Science in Finance**  
**Bachelor of Science in International Business**  
**Bachelor of Arts in Business**  
**Master of Science in Accounting**  
**Minor in Business**  
**Minor in Business Administration Legal Studies**  
**Minor in Data Science**  
**Minor in Global Supply Chain**

If you have an interest in any of our majors/minors or if we can be of assistance to you, please be in touch with any one of our faculty or staff members at [schoolofbusiness@trinity.edu](mailto:schoolofbusiness@trinity.edu) or **210.999.7280**.

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Mr. Karl Pichler  
Dr. Teresa Starzecki  
Dr. Dante Suarez  
Dr. Wenjing Yao  
Dr. Diana Young  
Dr. Shage Zhang  
Dr. Suning Zhu

Again, welcome to Trinity! We look forward to meeting you and wish you all the best for the academic year ahead.

Bob Scherer, Dean  
School of Business

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